

IDPN/IPN Qualification

How does my patient qualify
for IDPN or IPN?

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General Criteria for IDPN and IPN Qualification

- Patient given intensive dietary counseling, emphasizing the need for an increase in protein and/or calorie intake for a minimum of one month with no evidence of clinical improvement. For example, no rise in albumin or estimated/target dry weight.

Oral supplementation: Initiation of attempted supplementation with-

- No improvement in albumin level or weight gain
- Intolerance to supplements
- Failed trial of supplementation (this includes patient refusal)

What labs can qualify a patient?

***Protein Malnutrition:** (meet one parameter)

- Three month average albumin <3.5 g/dL (the current level can not be 3.5)
- nPCR/nPNA <0.8 g/kg/day protein

McCann L, ed. *Pocket Guide to Nutrition Assessment of the Patient with Chronic Kidney Disease*. 5th ed. New York, NY: National Kidney Foundation, 2015

What anthropometrics qualify a patient?

***Energy Malnutrition:** (meet one parameter)

- Current weight $<90\%$ of ideal body weight based on the Hamwi Method
- Body mass index <18
- Weight loss of $>5\%$ over 3 months
- Weight loss of $>10\%$ over 6 months
- Weight loss of $>20\%$ in 1 year

*Check with your Policies and Procedures to verify if your clinic has specific guidelines.



Does my patient have to qualify with both protein and energy malnutrition?

- No, a patient may qualify with just protein or just energy malnutrition.
- Additionally, only one of the criteria needs to be met to qualify a patient. Not all criteria listed under either protein or energy malnutrition need to be met.
- For example, a patient would qualify for IDPN/IPN if he or she has an average albumin of 3.6 over the past 3 months, but BMI is 17.8.