

Keynote Speakers



Kirsten Cox

Kirsten is the owner of Dominate the Dish Softball, located in Tampa, FL. There, she trains catchers in person, remotely, and travels to various catching clinics throughout the country. Kirsten is a college catching consultant who works with multiple programs; some include Duke and Georgia Tech. She received a degree in business from Eckerd College, where she caught from 2009-2011. Later, Kirsten went on to earn a Master's Degree in Coaching and Athletic Administration from CUI.



Dr. Win Chang, M.D.

Win is a former Clinical Assistant Professor of Orthopedic Surgery at the NYU Hospital for Joint Diseases in New York City. For over 30 years, he specialized in Adult Reconstructive Surgery with a particular emphasis on sports medicine and the shoulder. Dr. Chang received his training at the University Of Rochester School Of Medicine and Dentistry, UCLA, NYU, and the Mayo Clinic. He is the inventor of the ShoulderSphere®, a patented rotator cuff specific training device, and the creator of a new approach to rotator cuff management for shoulder injury prevention, strength training, rehabilitation, and return-to-sports assessment.



Perry Husband

Perry is the Author of the Downright Filthy Pitching Series, including four books, Downright Filthy Books 1, 2, 3 & Getting Filthy - Implementing Effective Velocity. This cutting edge series uncovers the patented science of Effective Velocity, which has been used by MLB coaches, pitchers, and hitters. Hundreds of university coaches and athletes in both softball and baseball have adopted EV. These universities include many NCAA champions in baseball and 4 of the last 6 NCAA champions in softball.



Andy Powers

Andy is a former College Pitching Coach, High School Head Coach, and current Associate Scout for KC Royals. An author of seven books, he is also the Founder of the Texas Pitching Institute and a highly sought after Arm Pain and Pitching Development Expert. After an injury took away a promising career, Andy set out to discover how it happened. As he learned from Orthopedic Surgeons, Physical Therapists, Bio-Mechanical Specialists, and other Pitching Coaches that had a long history of developing pitchers and keeping them healthy, he began to see patterns that were not being taught in baseball today. Andy's sole focus has been to help other players reach their full potential while staying healthy and never having to go through what he went through as a player.



Mike Ryan

Mike is the owner and Director of Hitting Development at Fastball USA, located in Chicago, IL. He is a former Associate Scout of 16 years with the Seattle Mariners organization and is also the author of "Creating the 100mph Hitter" and "Explosive Hitting." For as long as Mike has been a lead hitting instructor, he has emphasized power and has had 26 students hit or throw a baseball over 100mph and at least 200 students over 90mph. Mike has done clinics all over the world, including the Chinese Professional Baseball League in Taiwan. Players from across the globe have traveled to Chicago to attend Mike's clinics.



Randy Sullivan

Randy is the CEO of the Florida Baseball Ranch. He is a world-renowned coach for throwing athletes, a licensed physical therapist, Certified Strength and Conditioning Specialist, author, and a paid consultant for various MLB teams. Randy has combined his skills as a Physical Therapist and a baseball coach for over 26 years. Randy received his bachelor's degree in Physical Education from The Citadel, The Military College of South Carolina, and his Master's Degree in Physical Therapy from The US Army-Baylor University Graduate Program in Physical Therapy. He has written seven books on baseball training including, "Start With The Pain: The Complete Guide To Managing Arm Pain In The Elite Throwing Athlete," a revolutionary self-organization model for managing pain. He recently published "FBR SAVAGE Training: Transferring Gains From The Gym To The Game," which applies to baseball and softball. SAVAGE is a system for designing and evaluating all training modalities to predict their specificity and transfer to baseball related skills.



Ron Wolforth

Ron is a co-owner and CEO of Texas Baseball Ranch®. He is considered by many as one of the foremost experts in all baseball when it comes to developing baseball pitchers, from both a velocity and arm health perspective. Before becoming a private instructor and turning his attention to baseball, Ron was the Head Softball Coach at the University of Nebraska. At 25 years of age, he was the youngest head softball coach in NCAA history. During his six years at Nebraska, two of his teams played in the College World Series, finishing #3 & #5 in the country. Even then, Ron was known for his creative and outside the box approach to training and development.



Jill Wolforth

Jill is a co-owner of The Texas Baseball Ranch®, where she is the Marketing Director and lead softball instructor. She co-authored the popular training program "The Athletic Softball Pitcher" with her former student and All-American pitcher Amanda Scarborough. Jill played collegiate softball at the University of Nebraska, where she was a First Team Academic All-American and All-Region Selection, playing in two College World Series.



Gunnar Thompson

Gunnar is a graduate of Sam Houston State University, where he earned a Bachelor of Science degree in Kinesiology with a concentration in Clinical Exercise Science. Gunnar has had a keen interest in human anatomy and sports development for many years. He achieved his CSCS (Certified Strength and Conditioning Specialists) from the National Strength and Conditioning Association and CPT (Certified Personal Trainer) and PES (Performance Enhancement Specialist) certification through the National Academy of Sports Medicine. He also holds a CPPS (Certified Physical Preparation Specialist) certification.

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