

# BOWNET

## FASTPITCH Pitch Kit



- **3 Spinner Trainer Softballs**  
(4-Seam Flat Spinner, 2-Seam Flat Spinner, 7" Mini-Spin)
- **3 Strength & Velocity Trainer Softballs**  
(12" - 4oz. Lite Speed, 12" - 9oz. Overload, 12" - 10oz. Overload)
- Molded Kit Case for easy storage, travel, and organization
- Game quality leather covers, seams, and weight for more effective training sessions

**\$99.99**  
ea.

### 6 PITCH TRAINING BALLS

#### 4-SEAM FLAT SPINNER

Use the 4-Seam flat spinner for working 4-Seam spin grips in the bullpen, focusing on grip & release.



#### 2-SEAM FLAT SPINNER

Use the 2-Seam flat spinner for working 2-Seam spin grips in the bullpen, focusing on grip & release.



#### 7" MINI-SPIN™

The Mini-Spin™ is a 7" softball with real leather & seams. The weight and size of the ball is almost half that of a 12" game ball. Great for close to full range pitching distances.

#### 12" • 4oz Lite Speed™

Use the Lite Speed™ 4oz ball to generate increased arm speed. Using this underload ball with the overload balls in kit will help to increase overall velocity.

#### 12" • 9oz Overload

Use the 9oz Overload ball to improve arm & shoulder strength. Using this overload ball with the 10oz overload ball and 4oz Lite Speed™ will increase overall velocity.

#### 12" • 10oz Overload

Use the 10oz Overload ball to improve arm & shoulder strength. Using this overload ball with the 9oz overload ball and 4oz Lite Speed™ will increase overall velocity.

