

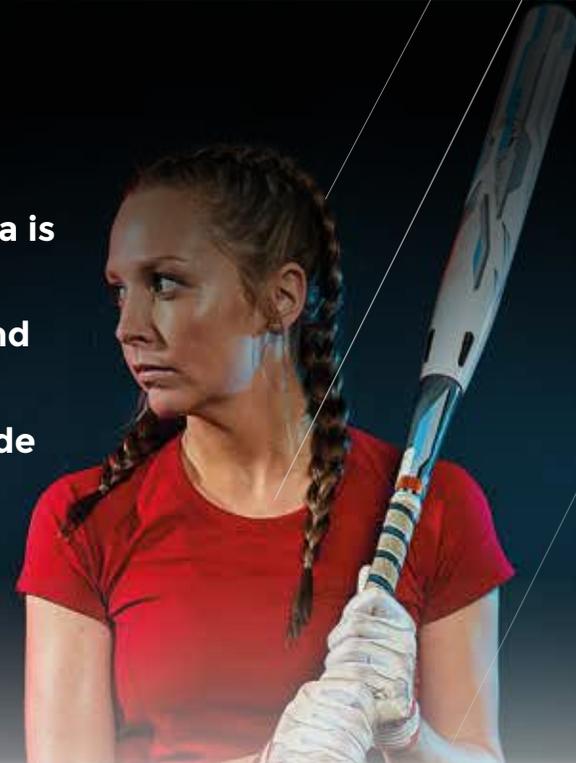
Rapsodo[®]

SOFTBALL HITTING AVERAGES BY AGE





Rapsodo is on a mission to help athletes reach their full potential. Our data is trusted by coaches and recruiters alike for both player development and evaluation. Over the years, we've analyzed more than 20 million batted and pitched balls collected by Rapsodo Softball technology. We have taken that data and created a Softball Pitching Averages by Age Guide. This guide provides a player development pathway for softball players ages 11 to professional. Softball players can see how they stack up against their peers and can get on the right track to take their game to the next level!



125K

Players

900+

Colleges

90%

Of DI Softball
Champions

measure to master.

www.rapsodo.com

AVERAGES: 11-12 YEAR OLDS

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)			
RH	72.178	LH	70.262
RH	73.535	LH	75.310
RH	66.930	LH	40.684

EXIT VELO (MPH)			
RH	51.691	LH	53.165
RH	49.872	LH	50.384
RH	49.424	LH	47.160

LAUNCH ANGLE			
RH	10.843	LH	3.886
RH	12.537	LH	12.551
RH	11.780	LH	2.953

SPIN			
RH	1270.610	LH	1672.131
RH	1545.899	LH	1724.549
RH	1623.388	LH	1396.825

AVERAGES: 13-14 YEAR OLDS

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)			
RH	87.968	LH	80.101
RH	86.790	LH	94.990
RH	83.052	LH	77.540

EXIT VELO (MPH)			
RH	56.028	LH	53.948
RH	54.261	LH	52.953
RH	54.381	LH	52.163

LAUNCH ANGLE			
RH	12.246	LH	11.575
RH	12.290	LH	17.444
RH	12.256	LH	8.152

SPIN			
RH	1178.460	LH	1300.724
RH	1603.668	LH	1554.109
RH	1674.987	LH	1581.961



measure to master.

www.rapsodo.com

"Rapsodo provides real-time metrics so we no longer have to rely on just what we see with the naked eye."

Kelly Inouye-Perez
Head Coach, UCLA

AVERAGES: 15-16 YEAR OLDS

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)			
RH	95.967	LH	110.348
RH	97.431	LH	102.318
RH	87.947	LH	108.582

EXIT VELO (MPH)			
RH	58.930	LH	58.821
RH	57.015	LH	56.900
RH	55.905	LH	62.603

LAUNCH ANGLE			
RH	12.259	LH	14.669
RH	13.496	LH	14.382
RH	11.416	LH	13.047

SPIN			
RH	1193.760	LH	1203.410
RH	1678.608	LH	1521.607
RH	1843.711	LH	1703.980

AVERAGES: 17-18 YEAR OLDS

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)			
RH	100.697	LH	89.781
RH	111.857	LH	114.888
RH	93.544	LH	86.112

EXIT VELO (MPH)			
RH	61.246	LH	58.449
RH	61.036	LH	60.059
RH	57.614	LH	56.114

LAUNCH ANGLE			
RH	11.631	LH	9.629
RH	14.845	LH	16.211
RH	13.569	LH	10.485

SPIN			
RH	1162.507	LH	1203.533
RH	1605.738	LH	1558.239
RH	1912.782	LH	1888.782



measure to master.

"Rapsodo video is transforming the way recruiters find athletes,
thus the recruiting process is evolving thanks to Rapsodo."

Mike Candrea
Head Coach, University of Arizona



AVERAGES: COLLEGE

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)			
RH	94.205	LH	74.379
RH	121.345	LH	118.048
RH	98.451	LH	89.064

EXIT VELO (MPH)			
RH	61.635	LH	61.088
RH	61.889	LH	61.019
RH	57.972	LH	56.844

LAUNCH ANGLE			
RH	9.540	LH	7.005
RH	16.136	LH	15.212
RH	14.132	LH	11.131

SPIN			
RH	1024.981	LH	1116.858
RH	1576.389	LH	1652.110
RH	1887.810	LH	1939.630

AVERAGES: PRO

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)			
RH	81.075	LH	64.175
RH	123.606	LH	102.522
RH	99.738	LH	64.880

EXIT VELO (MPH)			
RH	64.282	LH	57.344
RH	67.453	LH	58.439
RH	58.167	LH	51.466

LAUNCH ANGLE			
RH	6.233	LH	8.067
RH	15.352	LH	12.095
RH	14.515	LH	-8.800

SPIN			
RH	1106.069	LH	1801.150
RH	1379.065	LH	1031.728
RH	1516.861	LH	1668.345



measure to master.

www.rapsodo.com

● Tee ● Soft Toss ● Live/BP

DISTANCE (FT.)						
11 - 12	13 - 14	15 - 16	17 - 18	College	Pro	
72.066	87.468	97.093	100.061	92.403	76.850	
73.714	87.587	97.788	112.060	120.578	118.335	
65.837	82.498	89.108	93.150	96.071	90.231	

EXIT VELO (MPH)						
11 - 12	13 - 14	15 - 16	17 - 18	College	Pro	
51.777	55.896	58.922	61.083	61.585	62.548	
49.924	54.134	57.007	60.970	61.687	65.200	
56.282	54.158	56.282	57.535	57.686	56.340	

LAUNCH ANGLE						
11 - 12	13 - 14	15 - 16	17 - 18	College	Pro	
10.437	12.204	12.448	11.515	9.310	6.691	
12.538	12.791	13.561	14.937	13.371	14.537	
11.412	11.843	11.508	13.406	13.371	8.157	

SPIN						
11 - 12	13 - 14	15 - 16	17 - 18	College	Pro	
1293.999	1186.223	1194.515	1164.897	1033.333	1279.839	
1563.964	1598.850	1667.146	1602.557	1594.007	1292.231	
1613.948	1665.638	1835.851	1911.511	1900.947	1558.175	

Rapsodo
RAPSCORE

A STANDARDIZED TEST FOR GAUGING PLAYER PERFORMANCE AT ALL LEVELS

Rapsodo RapScore is a standardized test for softball scouting and recruiting. Coaches and scouts rely on RapScore to identify and evaluate softball players at all levels. Compare athletes of all ages within the RapScore 20/80 scale and put a data-driven number on player evaluation and development.

R60
YOUTH

R45
HIGH SCHOOL

R32
COLLEGE

R20
PRO



measure to master.

www.rapsodo.com

Contact Us



support@rapsodo.com

 [@RapsodoDiamondSports](#)

 [@RapsodoSoftball](#)

 [@RapsodoDiamondSports](#)