

FOR TEAMS

NEXT LEVEL TEAM BOOTCAMP

In this 5-day mental game clinic, we'll teach your girls to

- >> **Stay in their lane** (& stop comparing)
- >> **Focus on the process** (not the outcome)
- >> **Be where their feet are** (despite distractions)
- >> **Surround themselves with winners** (in life too)
- >> **Fill their mental toolbox** (to play their best)

Mon-Fri, January 4-8, 2021

\$397/team

(Put a \$97 deposit down December 23rd - pay in full by January 3rd!)

Join waitlist at mentalsweetspot.com/TB2waitlist

DREAM TEAM CONSULTING

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
CULTURE	COMMITTED	COMPETITIVE	CONFIDENT	COMPOSED	IN CONTROL	COURAGEOUS	CONSISTENT
What it takes to be the BEST	Go all-in on your goals	Build a winner's mindset	Develop unshakable belief	Manage stress & energy	Be where your feet are	Play fearless & free	Perform your best more often

- >> **Video courses on 7Cs** (accessible from an app)
- >> **Workbook** (apply & build self-awareness)
- >> **Challenges** (bring out their competitive side)
- >> **Drills** (apply it to actual softball skills)
- >> **App** (accountability & support when apart)

PLUS TEAMS GET

- >> Team Building <<
- >> Team Drills <<
- >> App for individual teams <<



All led via in-person consulting w/ State Champion & experienced team consultant Alicia Smith

We had our first practice last night and the energy, work ethic & vibe was great... Looking forward to week 2!

- 16u Travel Coach

VIRTUAL

\$2997*
per team

1-5 TEAMS

\$250
per player

6-10 TEAMS

\$225
per player

11+ TEAMS

\$200
per player

(Prices are a baseline - you can customize the program for exactly what you need!)

