

AG: Pitcher's Notebook

The ALWAYS GRIND: Pitcher's Notebook is designed to give ALWAYS GRIND Athletes the proactive tools needed to track their progress throughout the season. Included in this notebook are sections for pitcher's to develop their daily routines, reflect on bullpen sessions, and receive instant feedback during game appearances. By creating proactive habits for development and analyzing in-game situations, ALWAYS GRIND Athletes create a competitive advantage for themselves and their team. They become "Students of the Game." The best professional and collegiate baseball players analyze game situations and log every single pitch, at-bat, and box score. The ALWAYS GRIND: Pitcher's Notebook is an effective tool for player development.



Specs:

- Routines Pages
- 30 Bullpen Note Pages
- 30 Game Logs
- Ownership Page
- Spiral Bound for Lay-Flat capability
- 112 Total Pages
- A5 (5.83" x 8.27" / 148 x 210 mm)

"The Always Grind Pitcher's Notebook is a piece of equipment that every pitcher should have in their bag. It gives the player using it an advantage in a sense that they would be simply more prepared than the others that don't. The ability to track routines, bullpens, appearances and goals makes it an absolute necessity in baseball. It's as important as having your GLOVE and your FASTBALL!"

-Ben Krauth, Cleveland Indians



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AG: Catcher's Notebook

The ALWAYS GRIND: Catcher's Notebook is designed to give ALWAYS GRIND Catchers the proactive tools needed to track & gain insights during games & practices. Included in this notebook are sections for...

By proactively taking notes & evaluating their performance, ALWAYS GRIND Catchers create a competitive advantage for their team. The ALWAYS GRIND: Catcher's Notebook is crucial for Catcher's development behind the Dish.

Specs:

- Your Staff's Tendencies & Notes
- (60) Game Logs: Opposition's Lineup & Notes, Umpire Notes & Post Game Reflection.
- Practice Logs & Evaluation
- Additional Note Pages & More!
- A5 (5.83" x 8.27" / 148 x 210 mm)



"As ballplayers, a place where we can keep our thoughts, cues and memories for future reference is a game-changer. As a catcher, the amount of information that we have to retain and apply on a daily basis can be overwhelming. AG's Catcher's Notebook is the perfect tool for catchers at all levels, to hold their goals, evaluations, scouting reports, and notes on their pitching staff."

-Collin Theroux, Oakland Athletics

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AG: Coach's Game Logs

The ALWAYS GRIND: Coach's Game Logs are designed to give ALWAYS GRIND Coaches the proactive tools needed to track & gain insights during game situations. Included in this notebook are sections for...

- Bullpen & Lineup Management
- At-Bat Tracking (Home & Away)
- Spray Charting (Home & Away)
- Offensive/Defensive Notes
- Additional Note Pages & More

By proactively taking notes & making management decisions based in real-time, ALWAYS GRIND Coaches create a competitive advantage for their team. The ALWAYS GRIND: Coach's Game Logs are crucial for every team's success.

- Spiral Bound for Lay-Flat Capability
- 8.5" by 11"
- 60 Games
- 20 Additional Note Pages
- 145 Total Pages



AG: Coach's Pocketbook

By learning tendencies from opposing teams and players, and analyzing in-game situations, ALWAYS GRIND Coaches create a competitive advantage for their team.

- Top Spiral Bound for Lay-Flat Capability
- 4.5" x 5.5" (Perfect for Back Pocket)
- 30 Games
- 15 Additional Note Pages

The ALWAYS GRIND: Coach's Pocketbook is designed for ALWAYS GRIND Coaches to scribe a participated game and receive instant feedback to assist with coaching decisions.

Included in the Coach's Pocketbook are sections for:

- Your Lineup & Notes for Each Player
- Available Bench Players Based on Tangible Skills
- Opponent's Pitchers with Notes/Data (Time to Plate, Move, etc.)
- Opponent's Bullpen Availability
- Opponent's Defensive Notes Organized by Position



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