



**PHARMACY
VISION
20/20**

CSHP SEMINAR 20 • SEPTEMBER 24-27

Disneyland
RESORT

CARDIORENAL OUTCOMES IN TYPE 2 DIABETES

NATHAN A. PAINTER, PHARM.D., CDCES, FADCES

CLINICAL PROFESSOR

**UC SAN DIEGO SKAGGS SCHOOL OF PHARMACY AND
PHARMACEUTICAL SCIENCES**



DISCLOSURE

- Nathan A. Painter has no potential conflict of interest (COI)

LEARNING OBJECTIVES

- Review Standards of Care as it relates to medication management
- Identify studies with cardiorenal outcomes
- Use case scenarios to identify patients who may benefit from medications based on non-glucose lowering outcomes.

TEST QUESTION #1

A 65-year old man presents to your clinic for diabetes management. He has hypertension, dyslipidemia, and diabetes. He also currently smokes 1 pack per day (PPD). The patient has previously controlled his diabetes with diet and exercise and metformin but A1C recently increased to 8.5%. He is adamantly against injections. Which one of the following oral agents is best to recommend for this patient's MACE?

- A. Semaglutide
- B. Sitagliptin
- C. Canagliflozin
- D. Glipizide

TEST QUESTION #2

A.J., a 48-year-old man, presents to your CV risk reduction clinic. A.J. was diagnosed with diabetes based on an A1C of 9.5% and was started on metformin and alogliptin. Which one of the following best evaluates the cardiovascular safety and efficacy of A.J.'s current therapy?

- A. Alogliptin has demonstrated neutral effects on MACE outcomes in patients post-acute coronary syndrome (ACS).
- B. Alogliptin has been shown to significantly decrease MACE in patients with established CVD.
- C. Other DPP-4 inhibitors have shown superiority with regard to reduction in MACE.
- D. Other classes besides DPP-4 inhibitors have shown significant reductions in MACE in patients immediately post-ACS.

TEST QUESTION #3

A 56-year-old woman has a medical history of diabetes, HTN, stroke, and dyslipidemia. Her home drugs include metformin 1000 mg BID. Her HTN and dyslipidemia are well-controlled. Her most recent A1C is 7.6%. Which one of the following is the best adjunctive therapy to recommend for this patient?

- A. Dapagliflozin
- B. Glipizide
- C. Sitagliptin
- D. Dulaglutide

DIABETES FACTS

More than 30 million people in the US have diabetes

More than 84 million US adults—1 in 3—have [prediabetes](#)

Prediabetes is a risk factor for type 2 diabetes. Being overweight, being age 45 or older, and being physically active less than 3 times a week are risk factors for prediabetes and type 2 diabetes.

In 2017, the total estimated cost of diagnosed diabetes was \$327 billion.

[National Center for Chronic Disease Prevention and Health Promotion](#)

ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD)

ASCVD manifests as coronary artery disease (CAD), ischemic stroke, peripheral artery disease (PAD), and Heart Failure (HF) and tends to be more severe and occur at an earlier age in patients with type 2 diabetes.

Several factors including hyperglycemia, insulin resistance, inflammation, endothelial dysfunction, hypercoagulability, and vascular calcification lead to increased plaque formation and narrower coronary arteries.

Low-Wang 2016, ADA 2018

DEFINING MAJOR ADVERSE CARDIAC EVENT (MACE)

3-POINT MACE

1. CV death
2. Nonfatal myocardial infarction (MI)
3. Nonfatal stroke

4-POINT MACE

1. CV death
2. Nonfatal myocardial infarction (MI)
3. Nonfatal stroke
4. Hospitalization for unstable angina

Marx, N, Diabetes Care. 2017 Sept.

KIDNEY DISEASE

Kidney disease, a major risk factor for Cardiovascular disease, affects about 37% of patients with diabetes.

Diabetes is currently the leading cause of chronic (CKD) and end-stage kidney disease (ESRD), accounting for 38.5% of cases.

The presence of kidney disease in patients with diabetes increases risk of mortality by 23.4%.

CDC Stats report 2020, Afkarian 2013

GUIDELINES

Major guidelines related to the management of diabetes have shifted from a standard algorithm to a patient-centered, individualized approach.

Many guidelines continue to recommend metformin as first-line therapy

Considerations for selecting an adjunctive medication included

- Glycemic control
- Risk of hypoglycemia
- Weight
- Side effects
- Cost

ADA guidelines, AACE/ACE guidelines, ADA/EASD guidelines

METFORMIN AND CKD

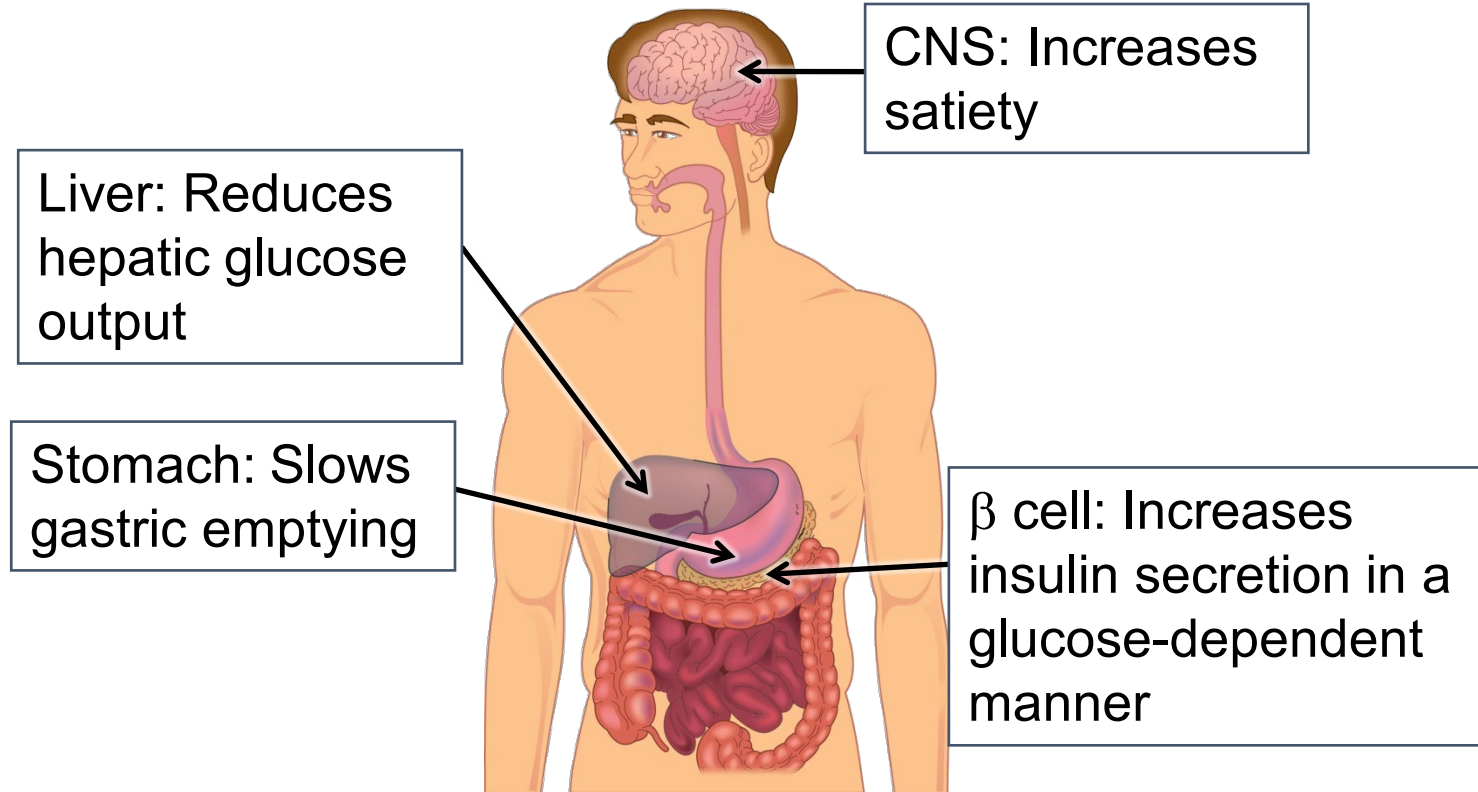
- Contraindicated eGFR < 30 mL/min
- Starting with eGFR 30-45 mL/min is not recommended
- Obtain eGFR at least annually
 - More often if at risk to develop of renal impairment
- If eGFR later falls below 45 mL/min assess risks vs benefits
- Discontinue if eGFR later falls below 30 mL/min
- The National Kidney Foundation recommends using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) Equation to estimate GFR

<http://www.fda.gov/Drugs/DrugSafety/ucm493244.htm>

Levey 2009

GLP-1 RECEPTOR AGONISTS

GLP-1 RA: MOA



GLP-1 RECEPTOR AGONISTS

GLP-1 is thought to exert CV protective effects including

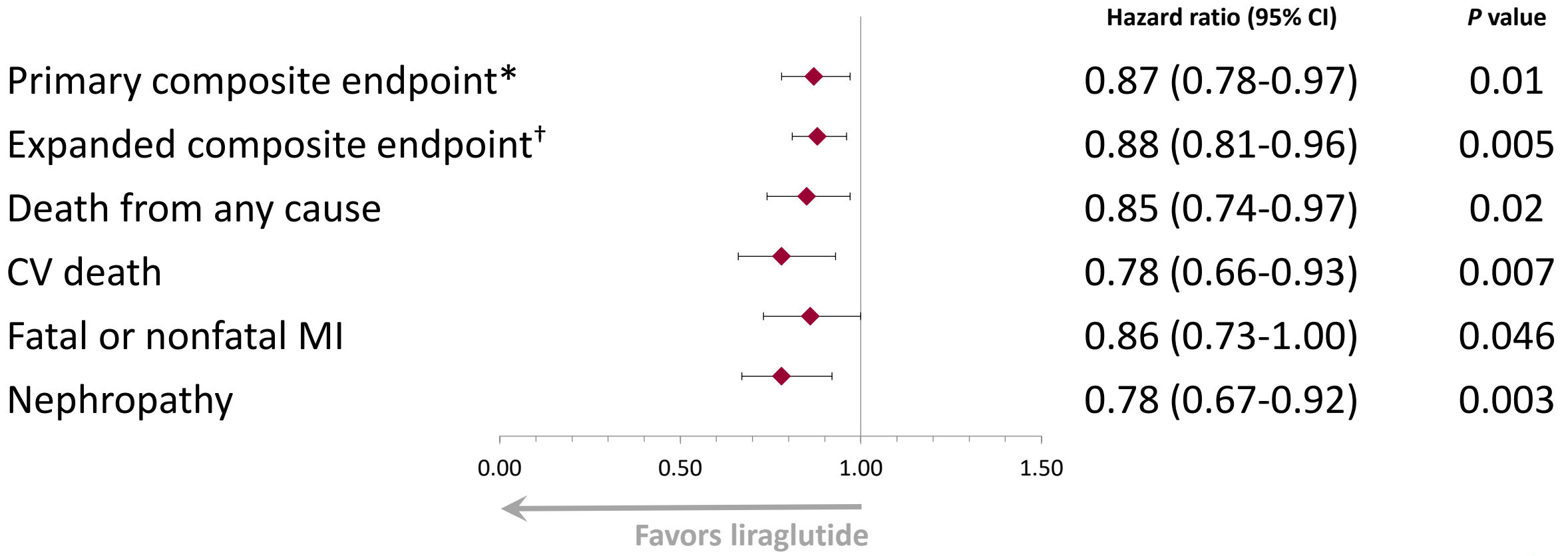
- improved glycemic control
- improved endothelial function
- vasodilation
- improved blood flow

Reductions in

- fatty acid utilization
- body weight
- BP and lipids
- natriuresis resulting in decreased blood volume

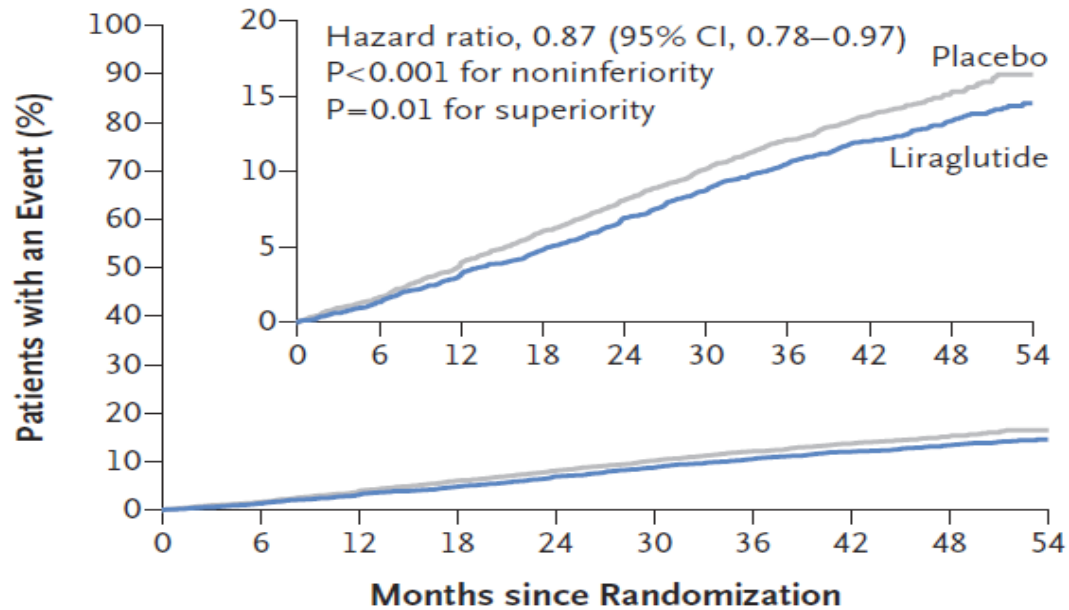
Ussher 2014, Scheen 2018

OUTCOMES WITH LIRAGLUTIDE



CLINICAL OUTCOMES WITH LIRAGLUTIDE

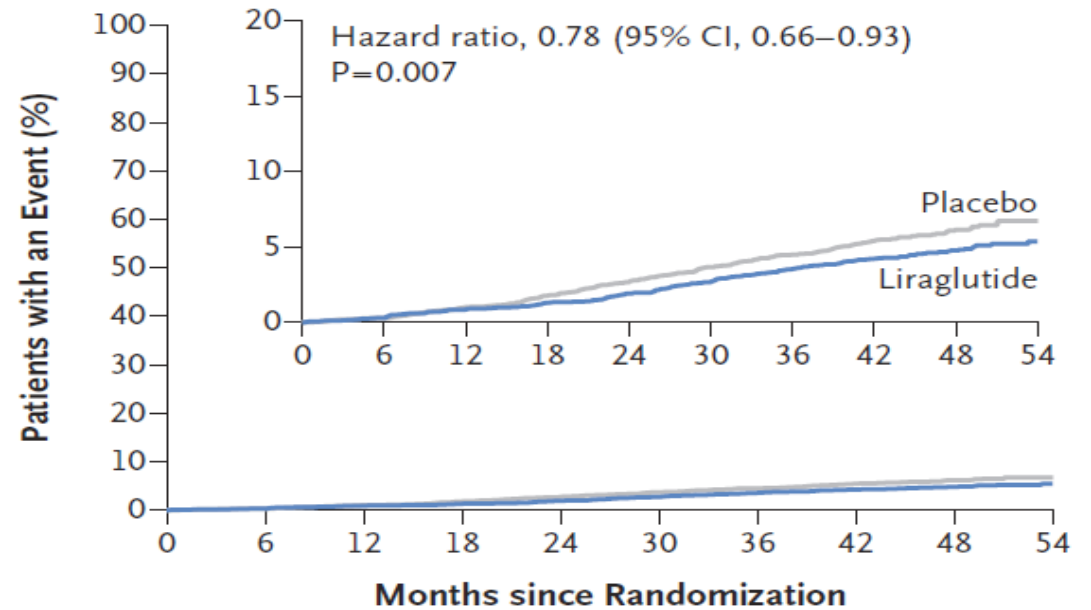
A Primary Outcome



No. at Risk

Liraglutide	4668	4593	4496	4400	4280	4172	4072	3982	1562	424
Placebo	4672	4588	4473	4352	4237	4123	4010	3914	1543	407

B Death from Cardiovascular Causes

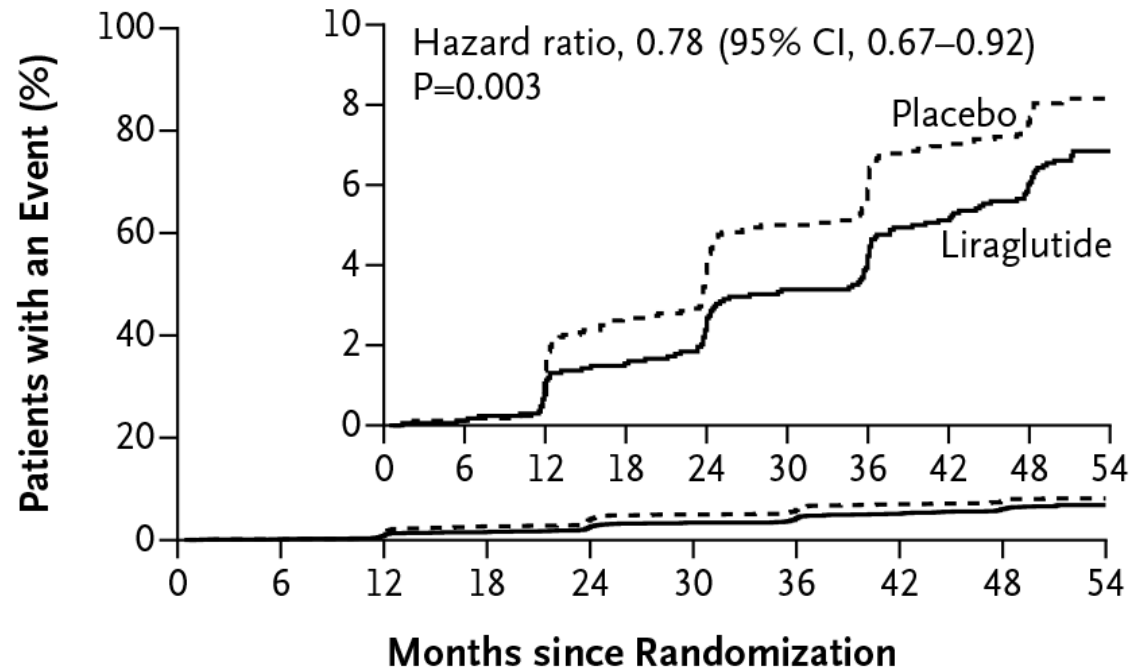


No. at Risk

Liraglutide	4668	4641	4599	4558	4505	4445	4382	4322	1723	484
Placebo	4672	4648	4601	4546	4479	4407	4338	4267	1709	465

LIRAGLUTIDE AND RENAL OUTCOMES IN TYPE 2 DIABETES

A Composite Renal Outcome



No. at Risk

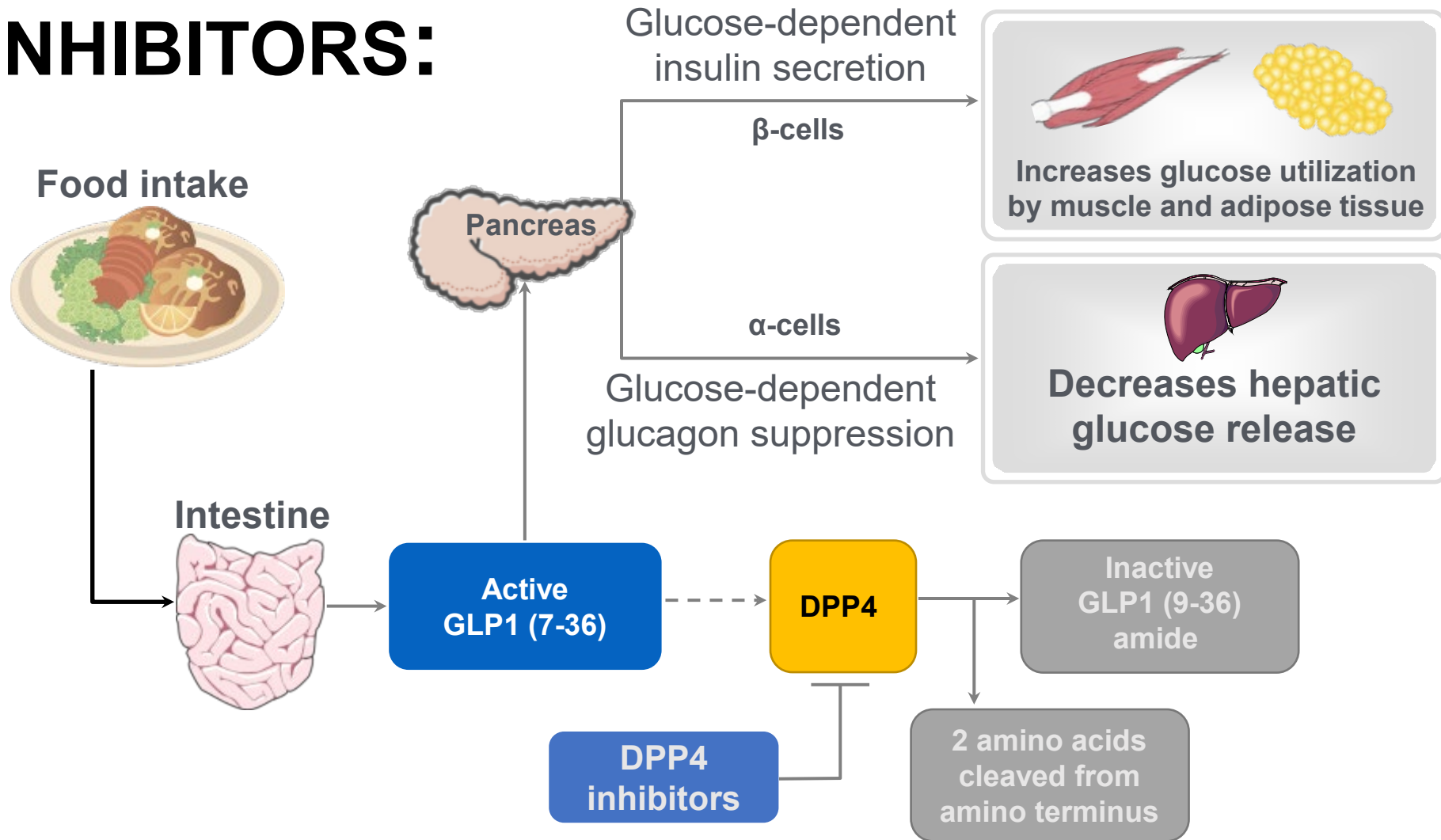
Placebo	4672	4643	4540	4428	4316	4196	4094	3990	1613	433
Liraglutide	4668	4635	4561	4492	4400	4304	4210	4114	1632	454

GLP-1 RA AND CV OUTCOMES

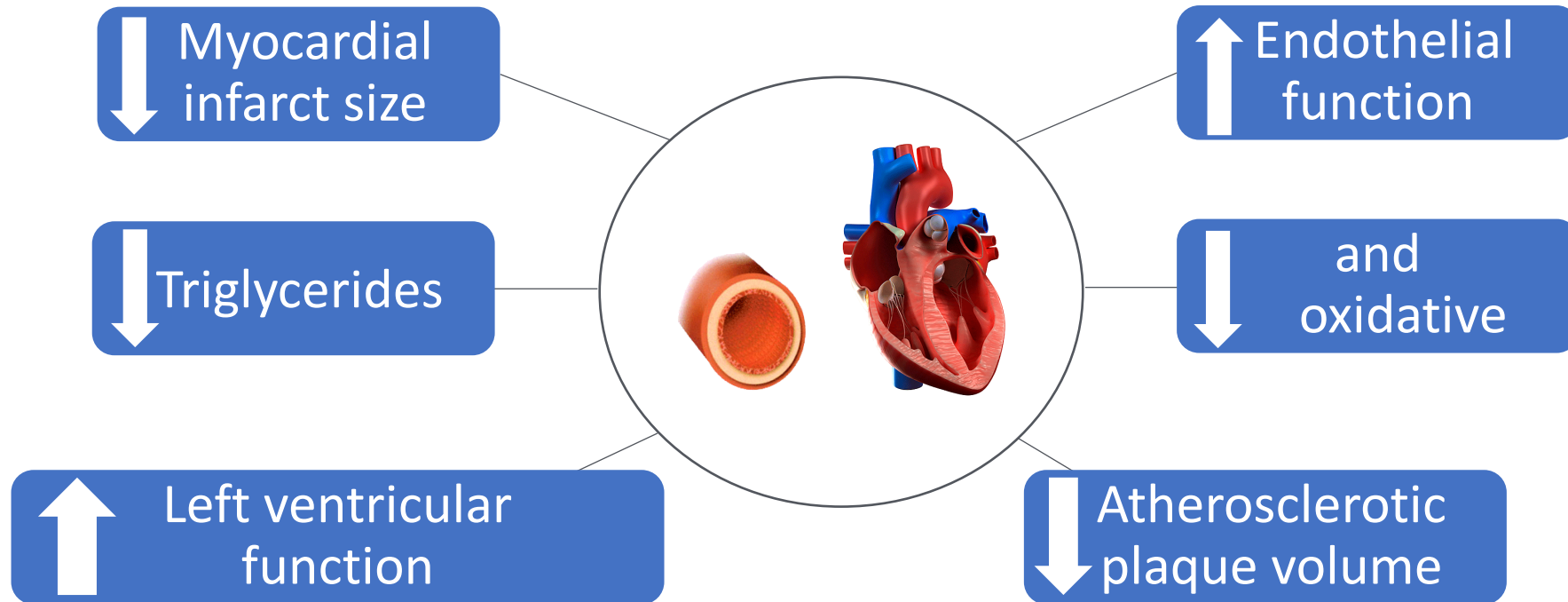
	LEADER (liraglutide)	SUSTAIN-6 (semaglutide)	ELIXA (lixisenatide)
Primary composite endpoint (CV death, MI, stroke)	HR = 0.87 (0.78, 0.97) P < .001	HR = 0.74 (0.58, 0.95) P < .001	HR = 1.02 (0.89, 1.17) p=.81
CV Death	HR = 0.78 (0.66, 0.93) P = .007	HR = 0.98 (0.65, 1.48) P +.92	HR = 0.98 (0.78, 1.22) P= .85
Nonfatal MI	HR = 0.86 (0.73, 1.00) P = .046	HR = 0.74 (0.51, 1.08) P = .12	HR = 1.03 (0.87, 1.22) P=.71
Nonfatal Stroke	HR = 0.86 (0.71, 1.06) P = .16	HR = 0.61 (0.38, 0.99) P = .04	HR = 1.12 (0.79, 1.58) P=.54

DPP-4 INHIBITORS

DPP-4 INHIBITORS: MOA



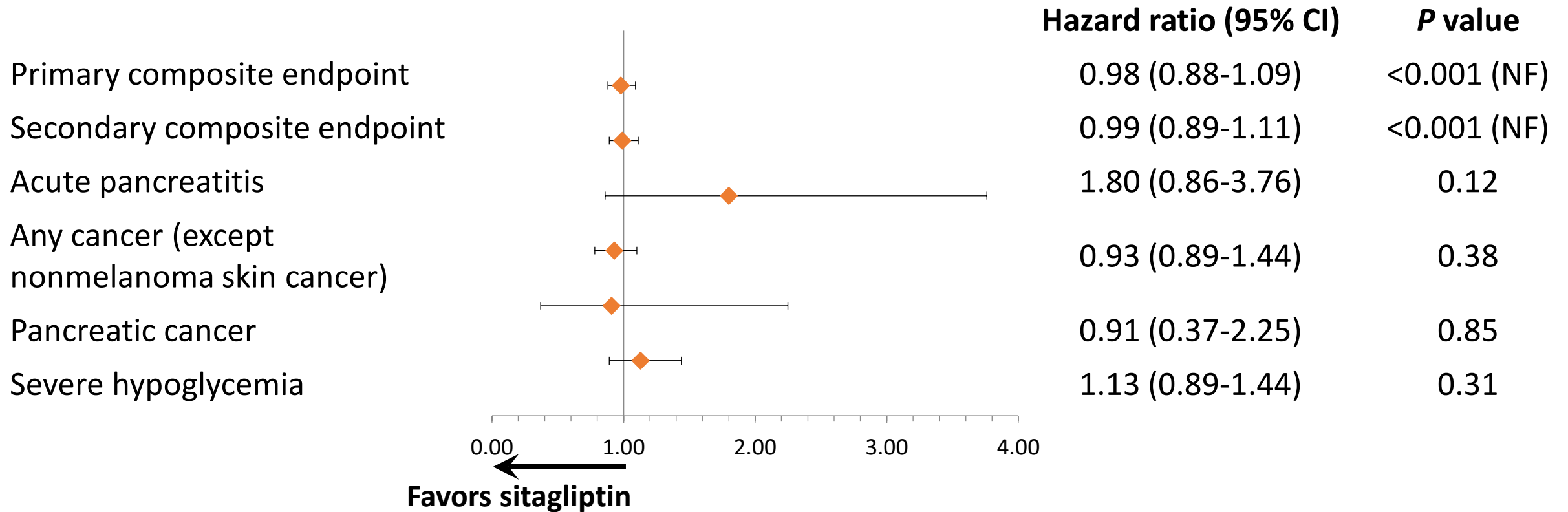
POTENTIAL CV EFFECTS OF THE DPP-4 INHIBITORS



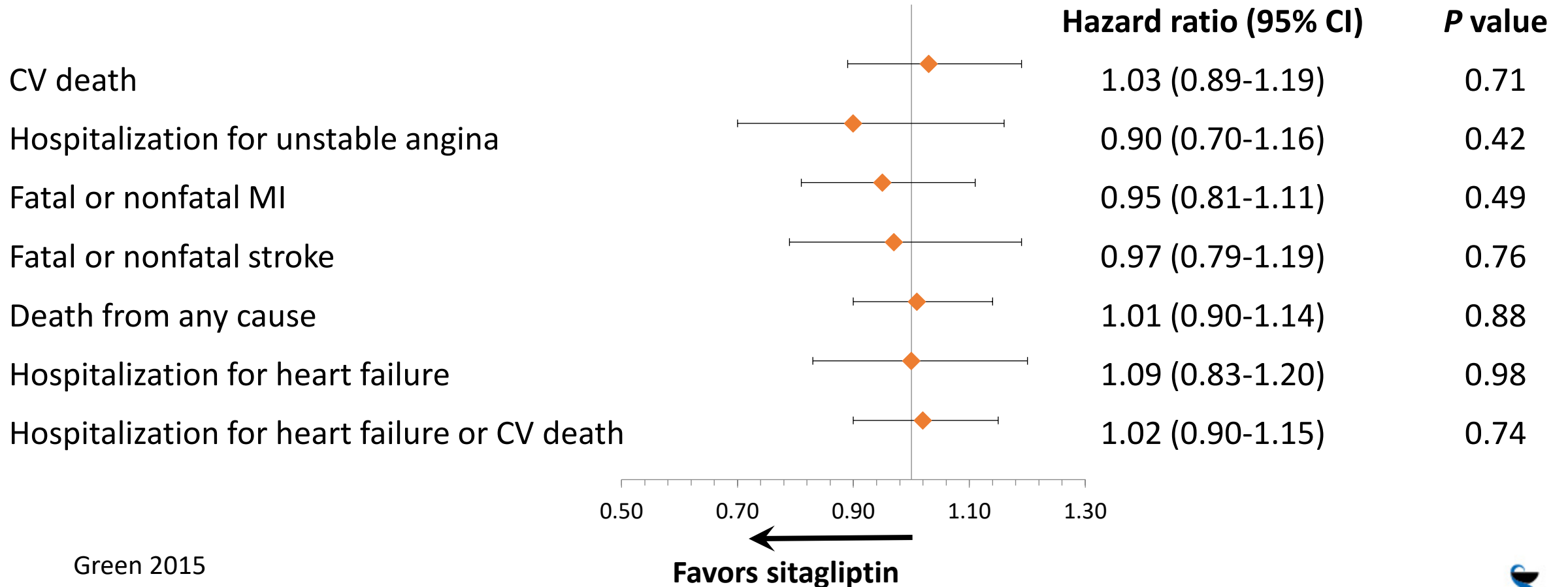
DPP-4 INHIBITORS CVD OUTCOMES

Trial	Agent	Study Population	# Patients	Median Trial Duration	Outcomes (95% CI)
TECOS (Green 2015)	Sitagliptin 50-100 mg daily	Age \geq 50 years (mean 65 years) Established CVD	14,735	3 years	4-pt MACE (CV death, non-fatal MI or stroke, hospitalization for UA) HR: 0.98 (0.89-1.11)
EXAMINE (White 2013)	Alogliptin 6.25-25 mg daily	Median age: 61 years ACS within 15-90 days	5,380	18 months	3-pt MACE (CV death, non-fatal MI or stroke) HR: 0.96 (one-sided $<$ 1.17); p=0.32
SAVOR-TIMI 53 (Scirica 2013)	Saxagliptin 2.5-5 mg daily	Mean age: 65.1 years Age \geq 40 years and established CVD (78.4%) or Age \geq 55 years and multiple CV risk factors	16,492	2.1 years	3-pt MACE HR: 1.0 (0.89-1.12) HHF HR: 1.27 (1.07-1.51)
CARMELINA (Rosenstock 2019)	Linagliptin 5 mg daily	Mean age: 66.1 years High CV risk (established CVD 57%) or High renal risk (kidney disease 74%)	6,991	2.2 years	3-pt MACE HR: 1.02 (0.89-1.17)

PRIMARY AND SECONDARY OUTCOMES WITH SITAGLIPTIN

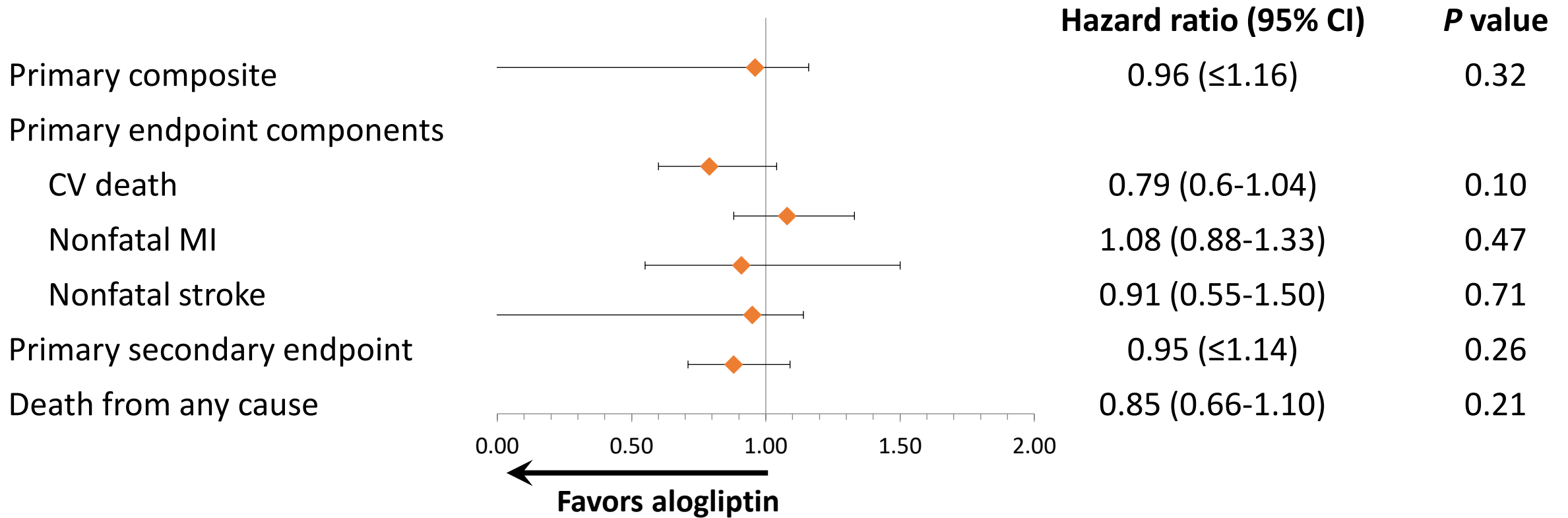


INDIVIDUAL SECONDARY OUTCOMES WITH SITAGLIPTIN



Green 2015

CLINICAL OUTCOMES WITH ALOGLIPTIN



HEART FAILURE AND ALOGLIPTIN

Risk of HHF occurring as the first event in pre-specified exploratory extended MACE endpoint did not differ significantly between groups

	Alogliptin (n = 2701)	Placebo (n = 2679)	HR (95% CI)	p value
Hospitalization for HF	85 (3.1%)	79 (2.9%)	1.07 (0.79–1.46)	0.657

Risk of events assessed as component of post-hoc composite endpoint of CV death and HHF was not significantly different between groups

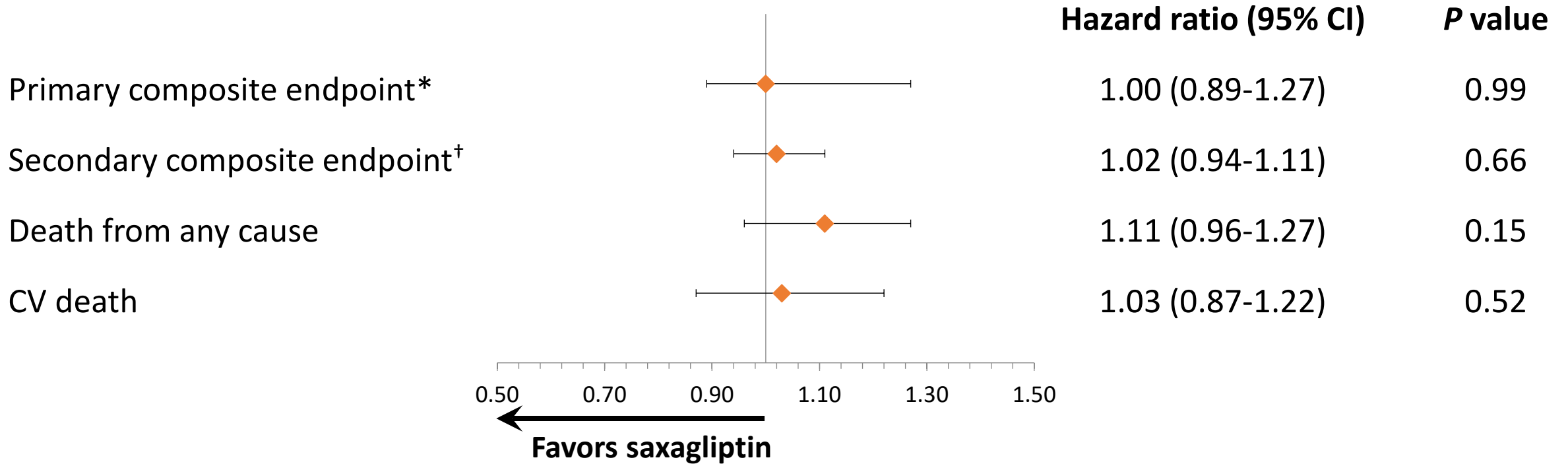
	Alogliptin (n = 2701)	Placebo (n = 2679)	HR (95% CI)	p value
Hospitalization for HF	106 (3.9%)	89 (3.3%)	1.19 (0.90–1.58)	0.220

HEART FAILURE AND SITAGLIPTIN

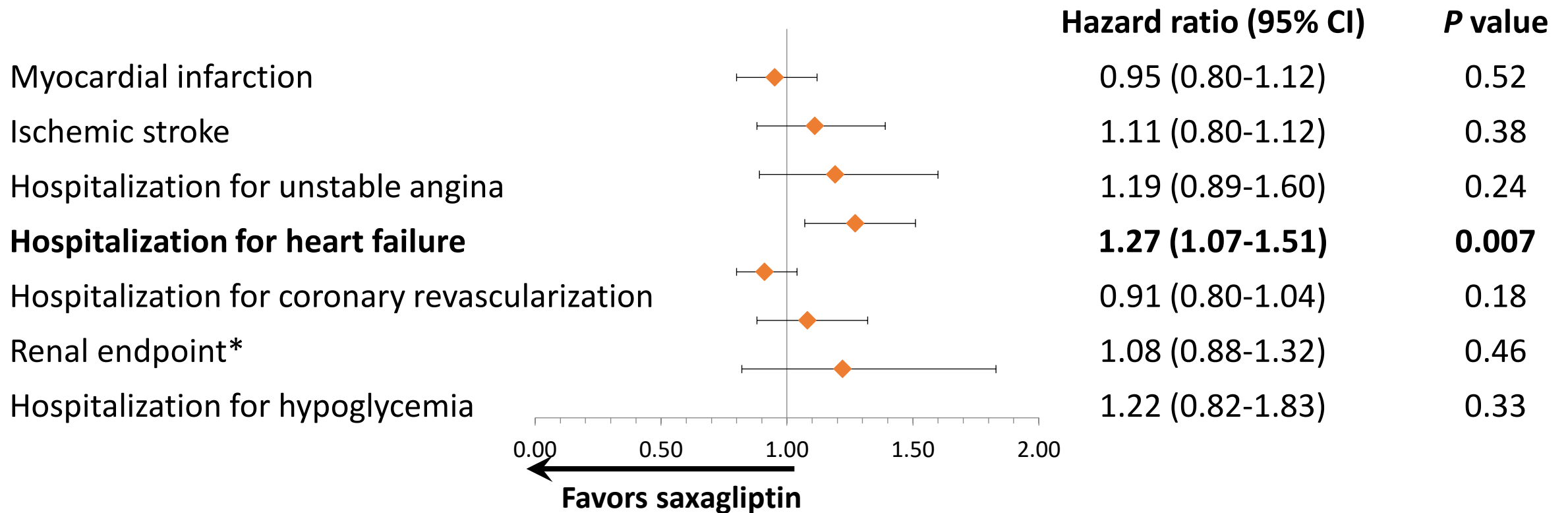
Outcome	Placebo	Sitagliptin	HR (95% CI)
HHF*	228 (3.1%)	228 (3.1%)	1.00 (0.83–1.20) p = 0.98
CV Death + HHF*	525 (7.2%)	538 (7.3%)	1.02 (0.90–1.15) p = 0.74

ITT population. Adjusted for history of heart failure at baseline *Pre-specified analyses

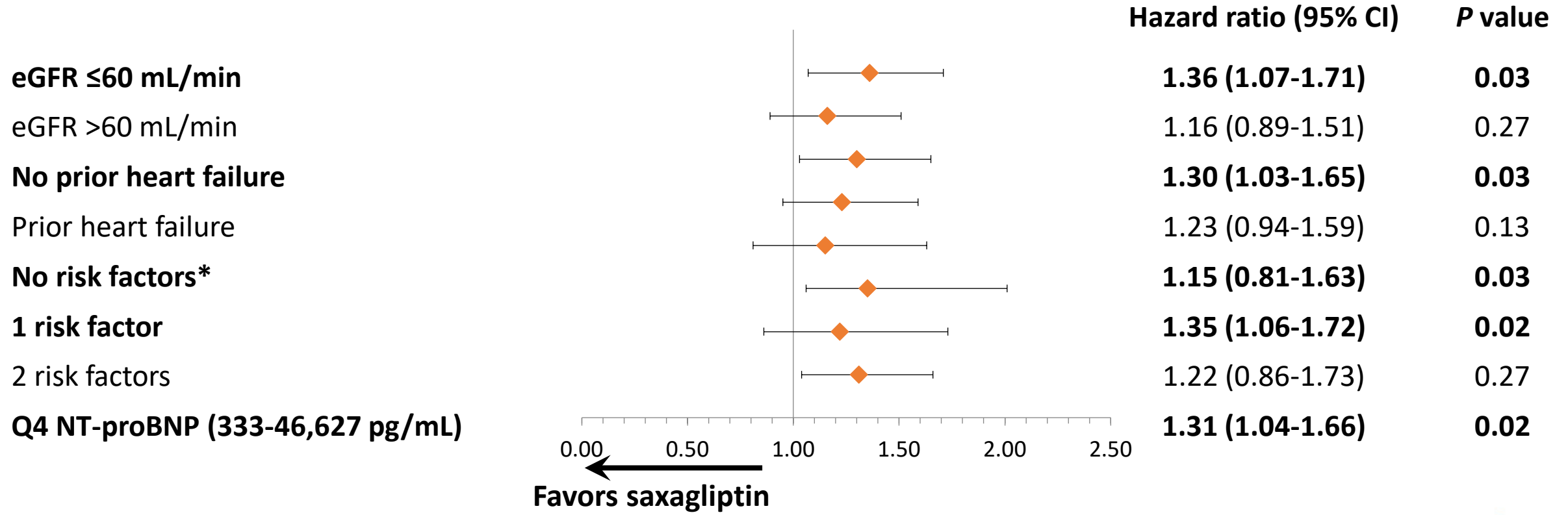
CLINICAL OUTCOMES WITH SAXAGLIPTIN



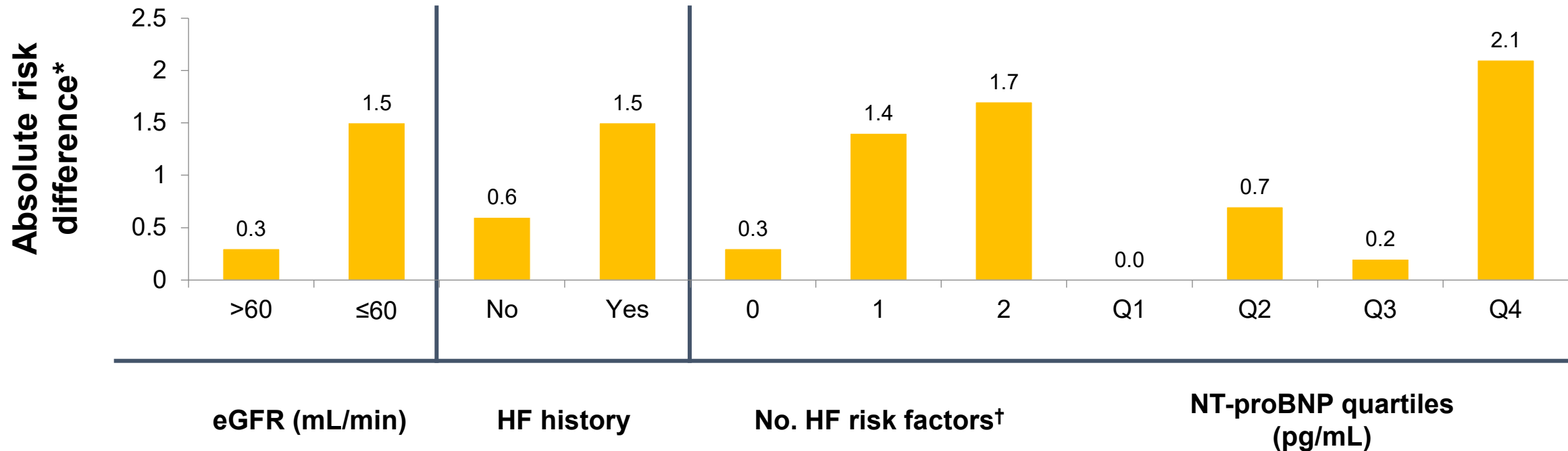
INDIVIDUAL SECONDARY OUTCOMES WITH SAXAGLIPTIN



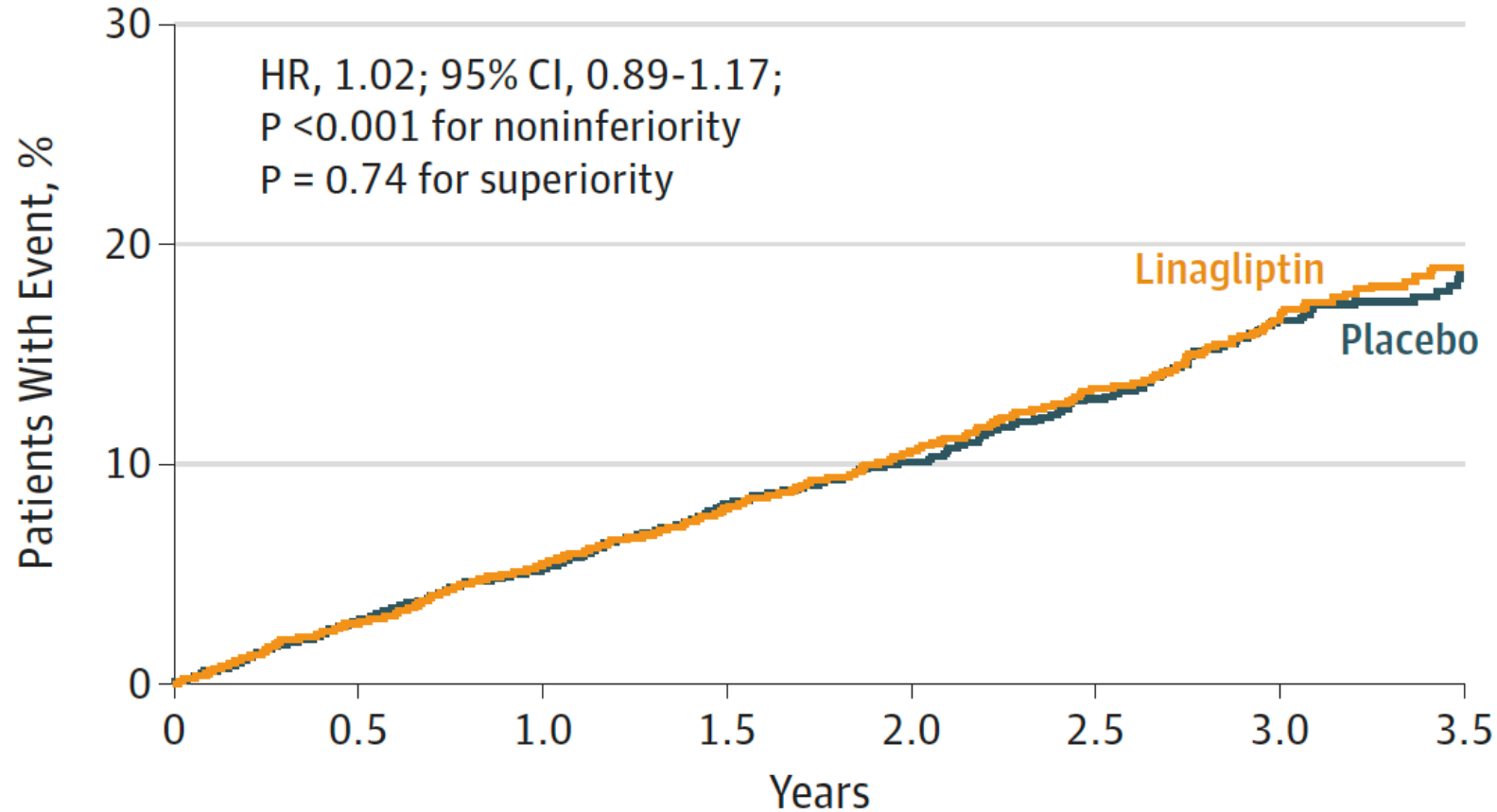
BASELINE CHARACTERISTICS AND RISK OF HF HOSPITALIZATION WITH SAXAGLIPTIN



RISK OF HF HOSPITALIZATION WITH SAXAGLIPTIN



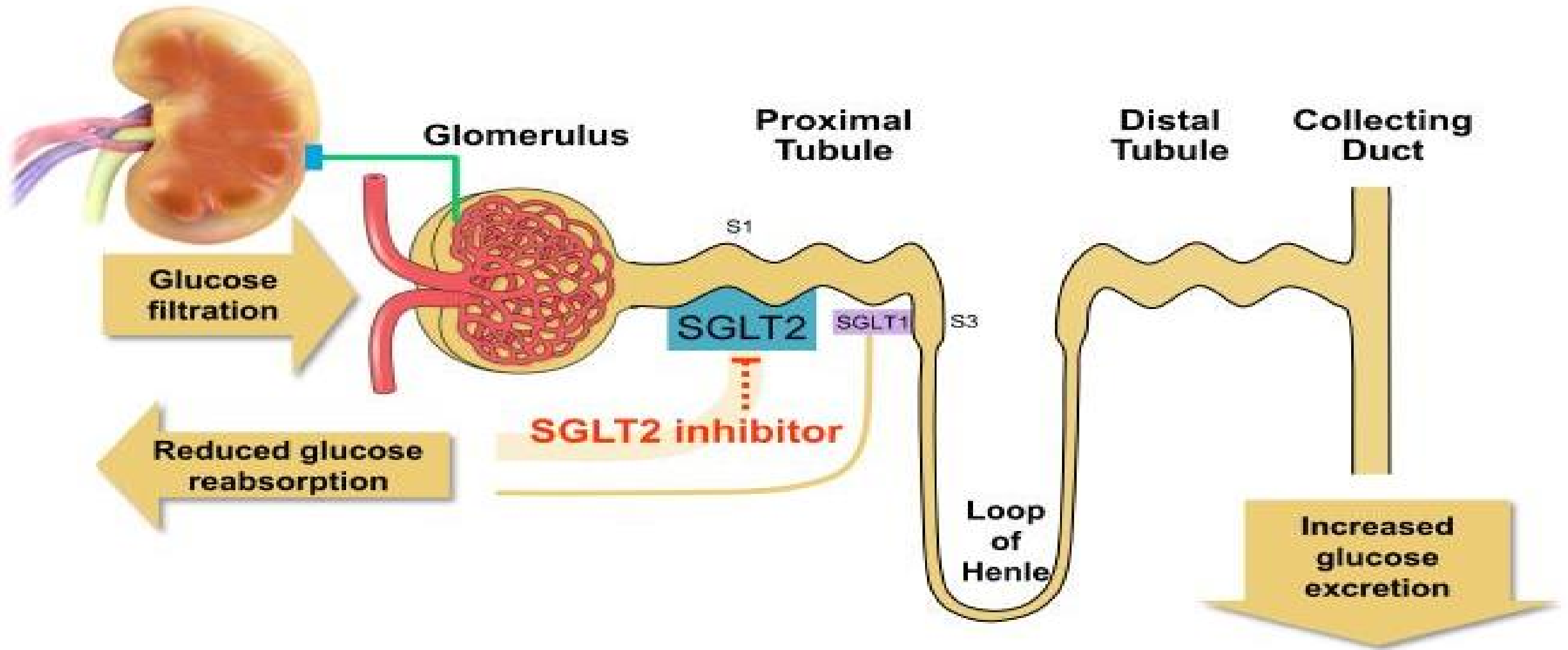
TIME TO PRIMARY 3P-MACE OUTCOME



No. of patients

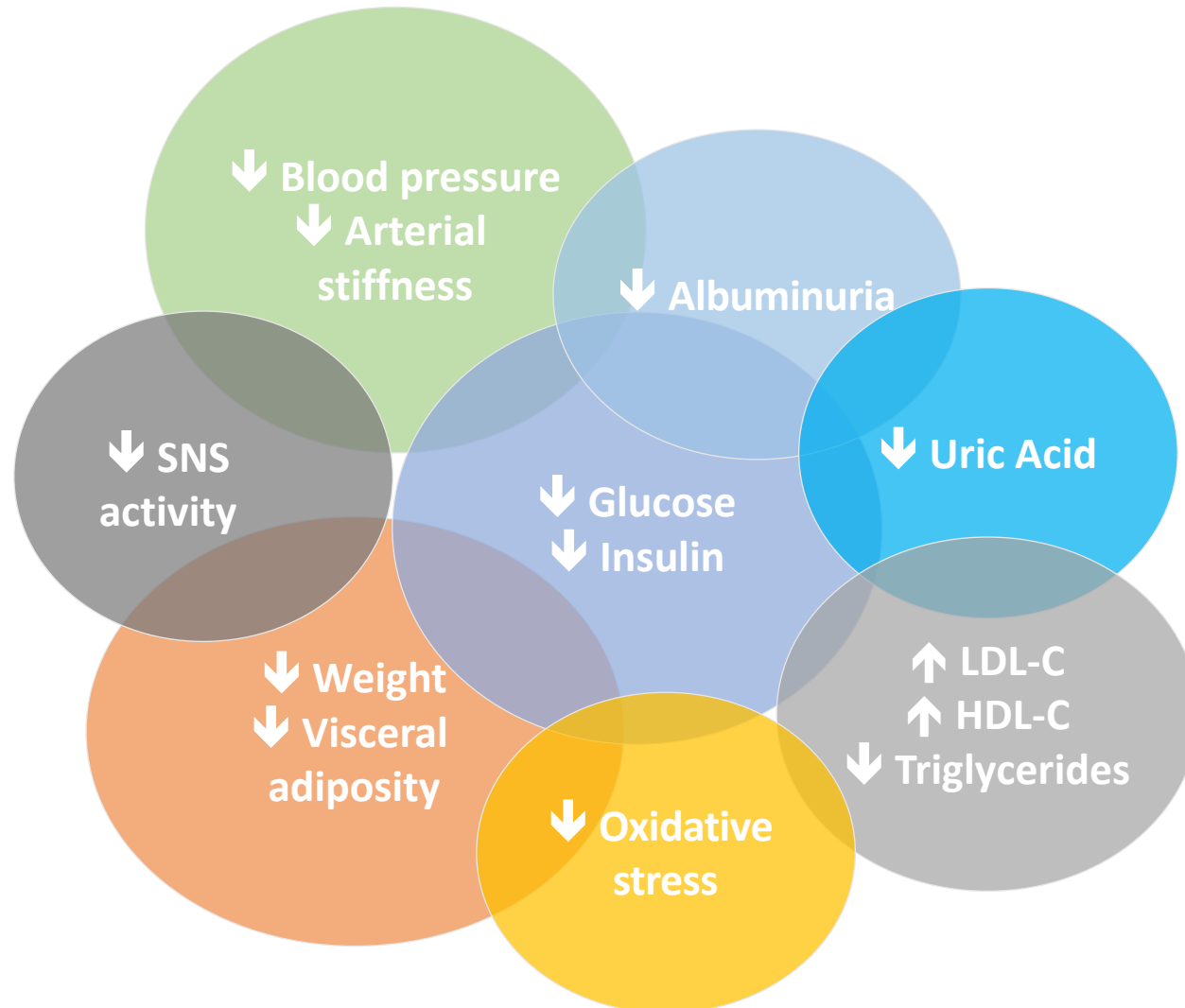
Placebo	3485	3353	3243	2625	1931	1285	758	251
Linagliptin	3494	3373	3254	2634	1972	1306	778	269

SGLT-2 INHIBITORS

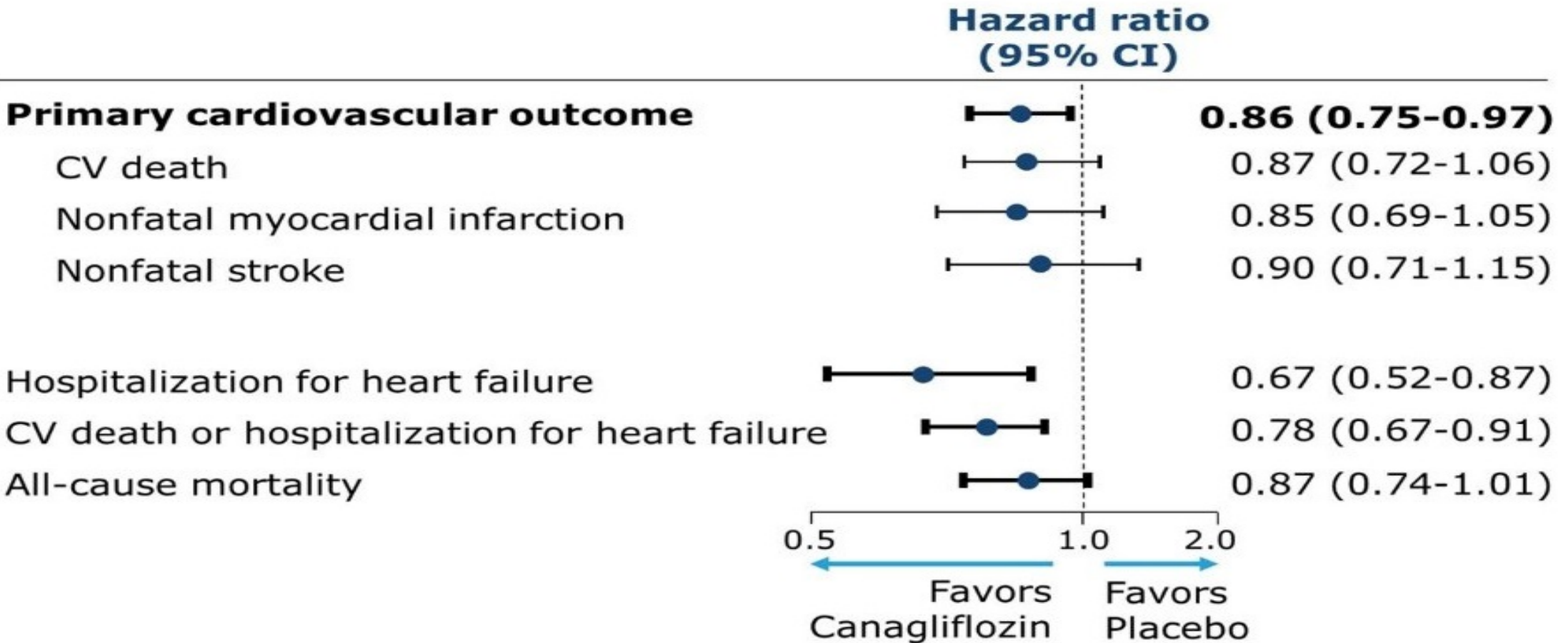


Wright, 2001, Taylor 2013

SGLT-2 INHIBITORS IMPACT ON FACTORS RELATED TO CV RISK

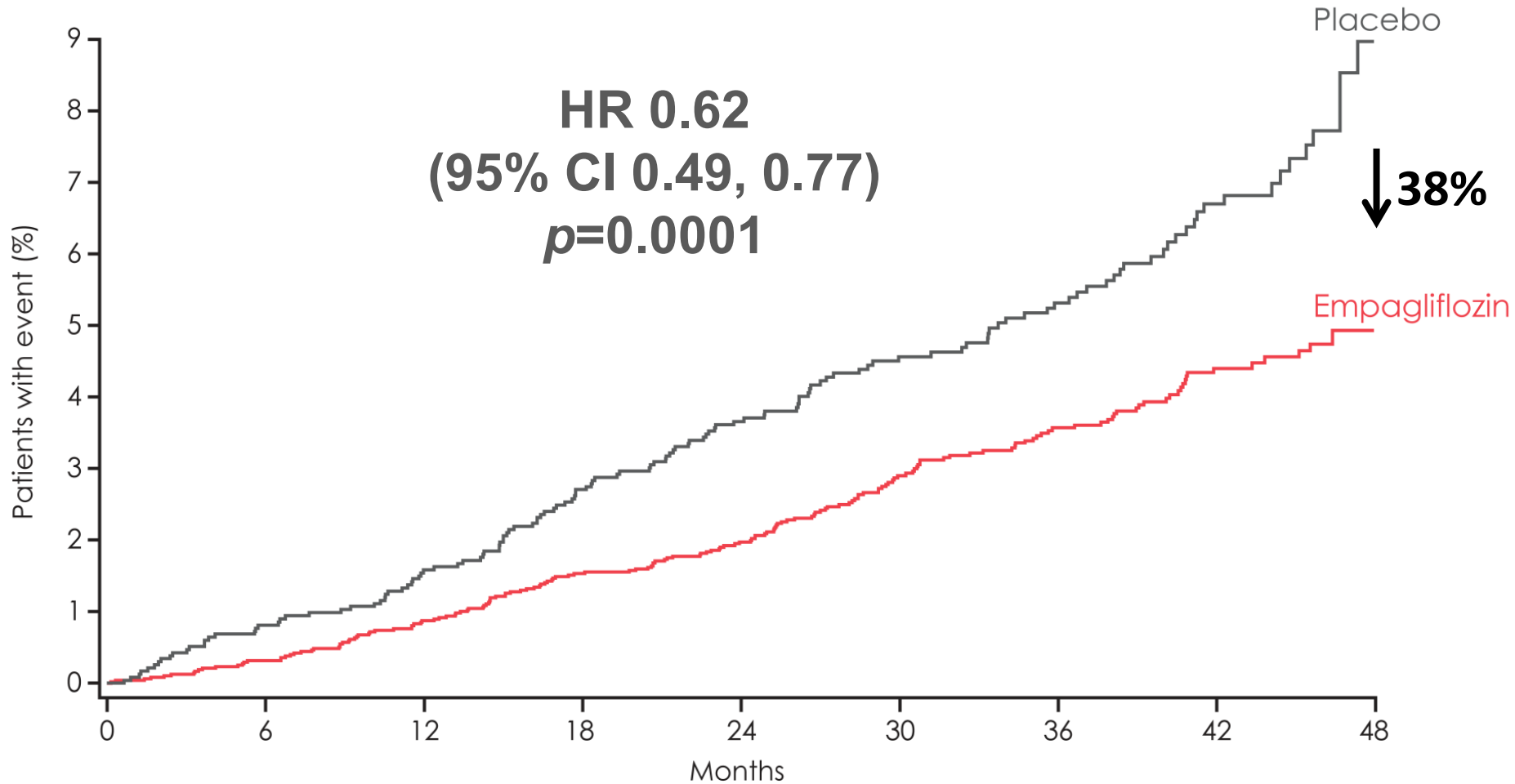


CV OUTCOMES WITH CANAGLIFLOZIN

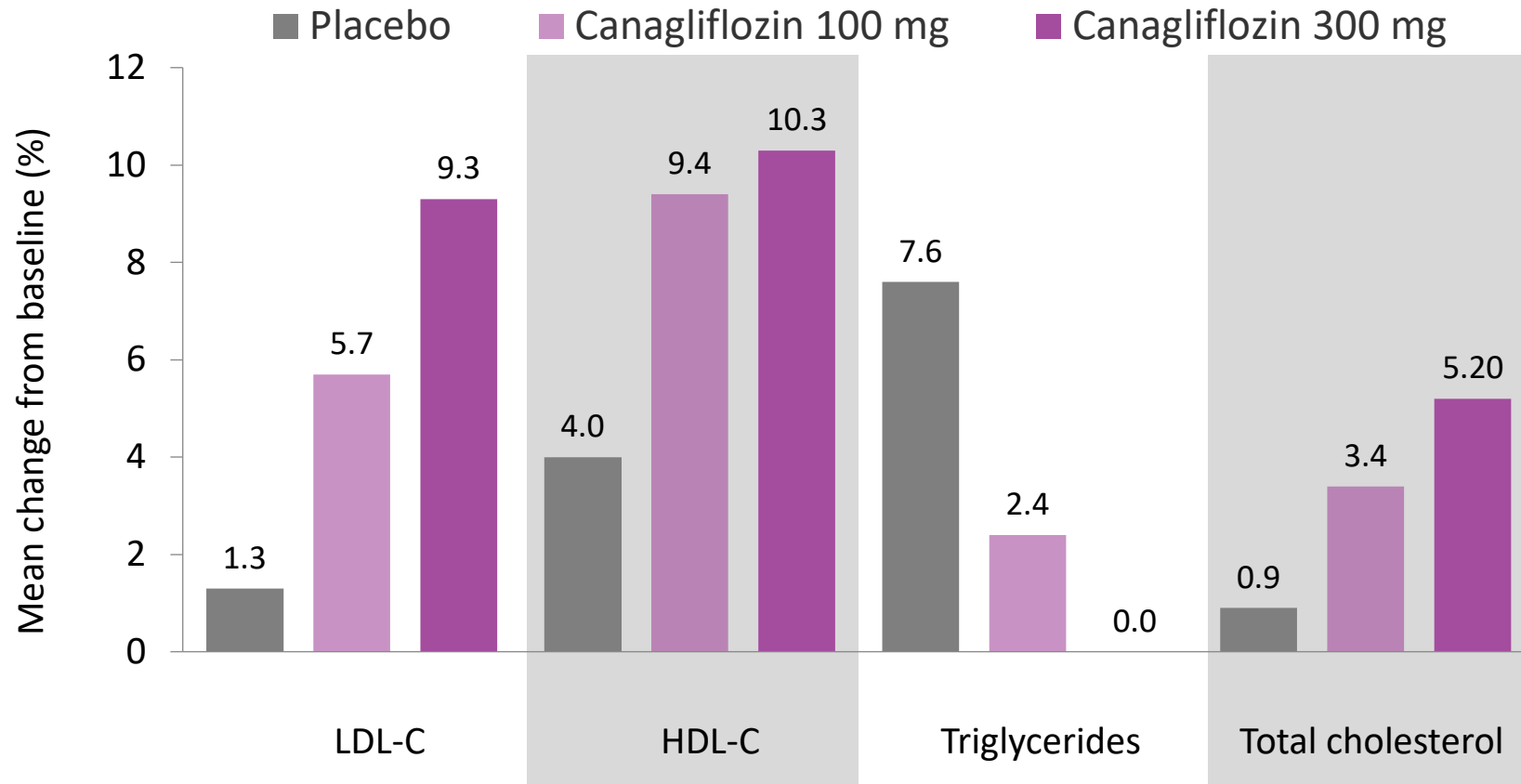


CANVAS (Neal 2017)

EMPA-REG OUTCOME: CV DEATH

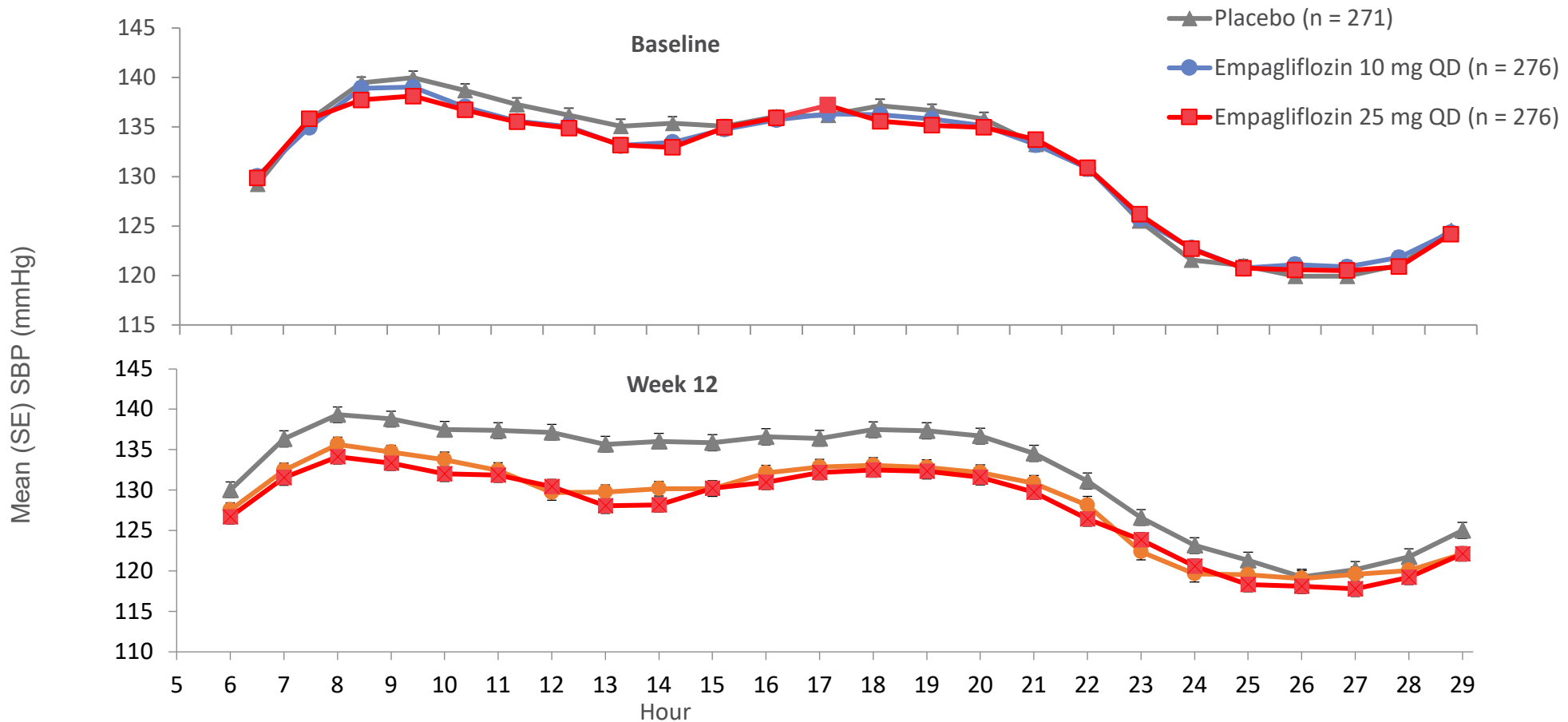


CANAGLIFLOZIN LIPID PROFILE

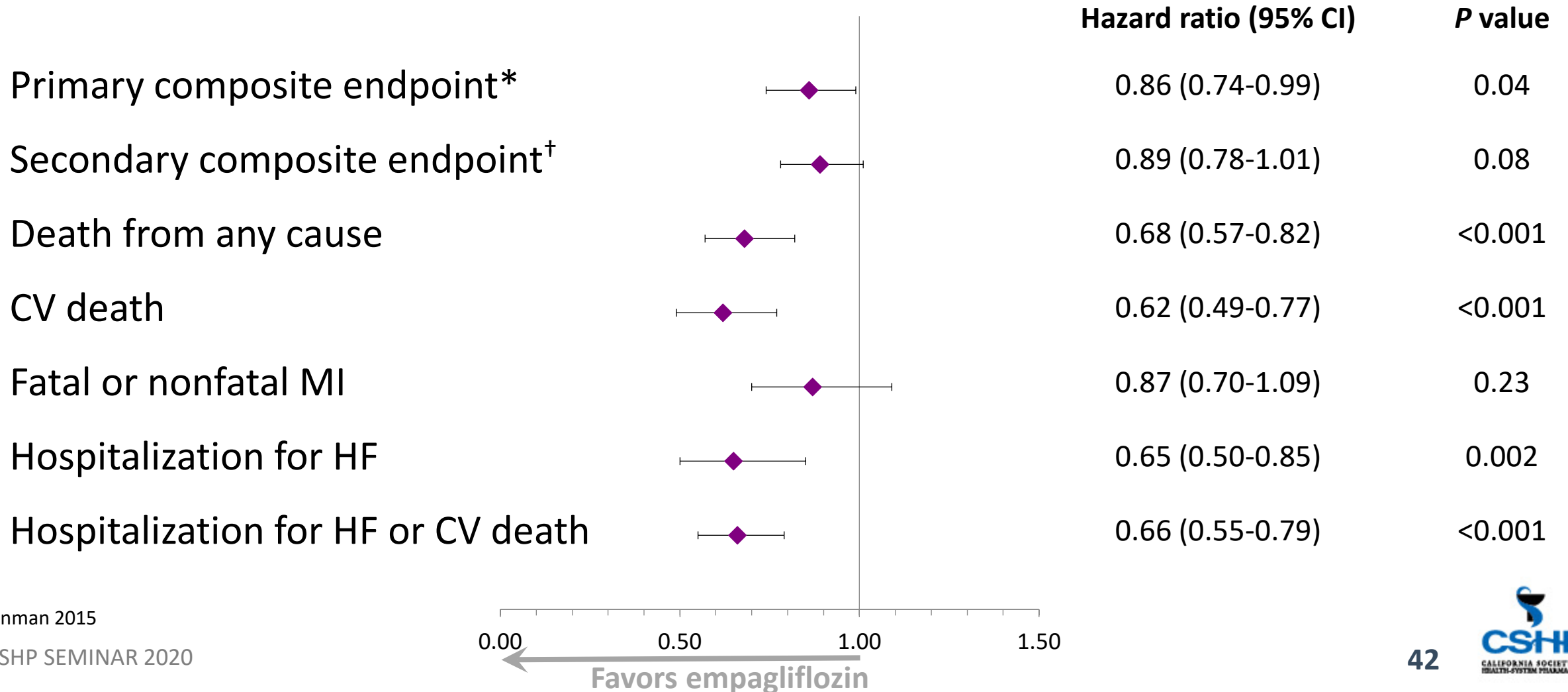


Mahaffey 2018

EMPAGLIFLOZIN IN PATIENTS WITH T2D AND HYPERTENSION

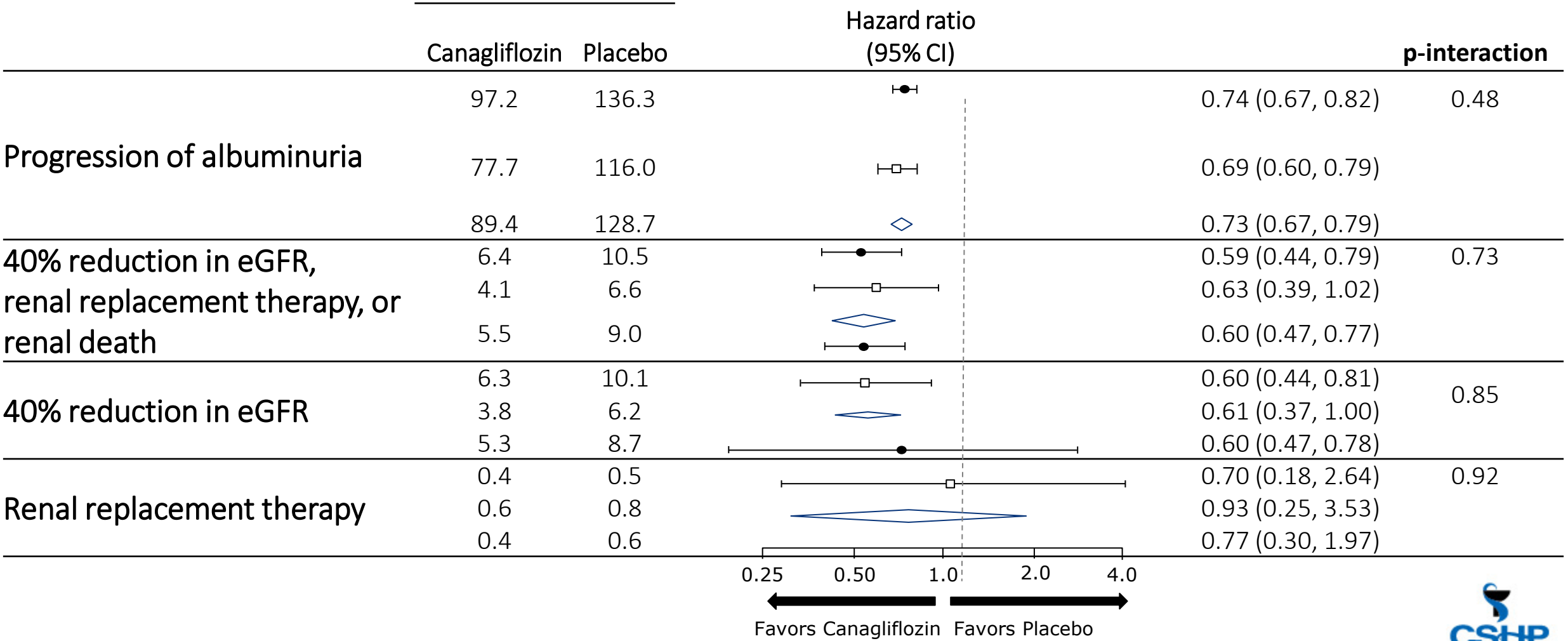


CLINICAL OUTCOMES WITH EMPAGLIFLOZIN

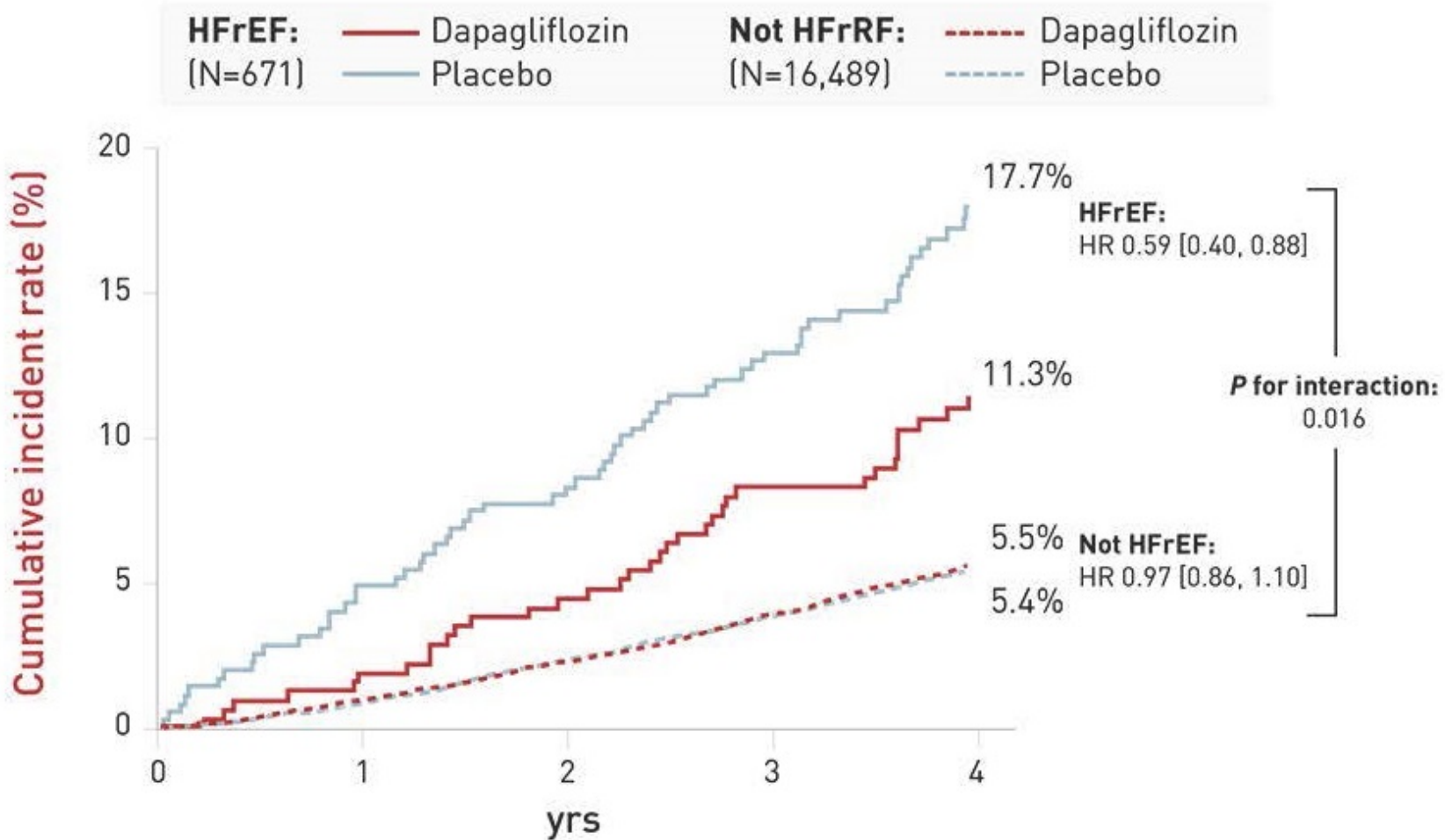


CANAGLIFLOZIN AND RENAL OUTCOMES

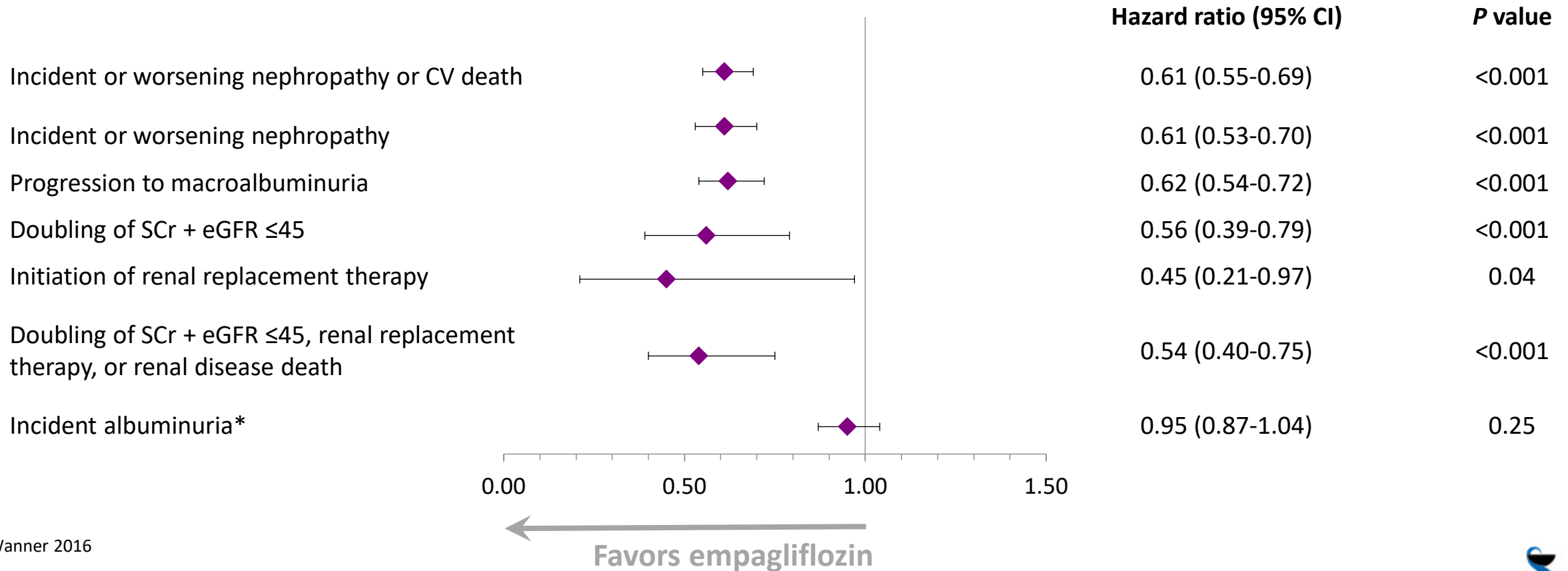
- Secondary prevention
- Primary prevention
- ◇ Overall population



HEART FAILURE AND DAPAGLIFLOZIN

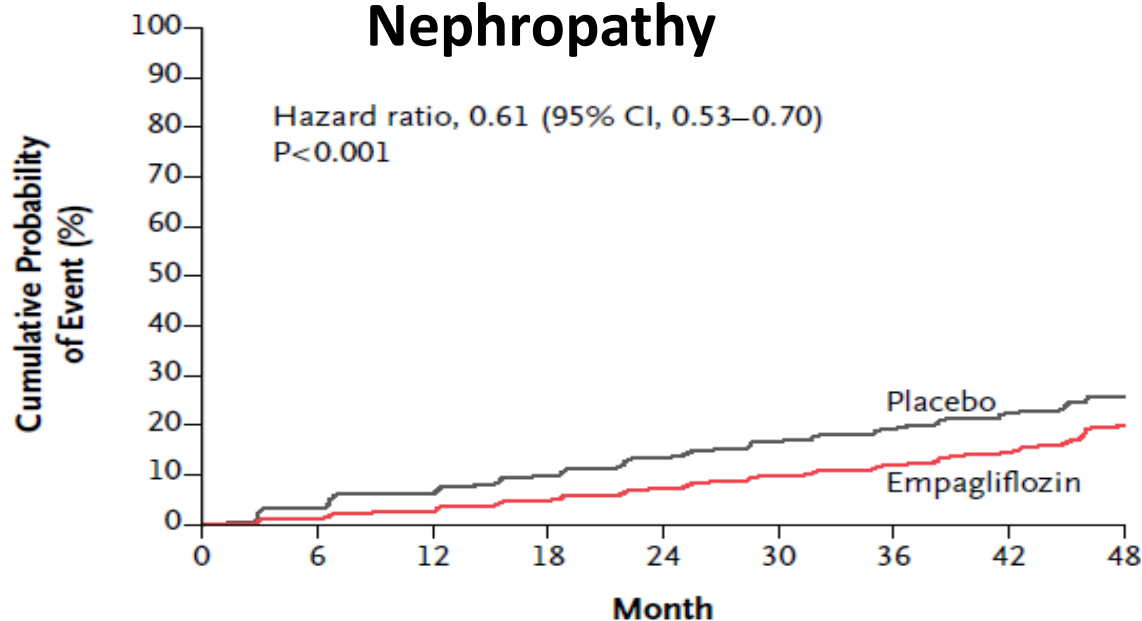


RENAL OUTCOMES WITH EMPAGLIFLOZIN

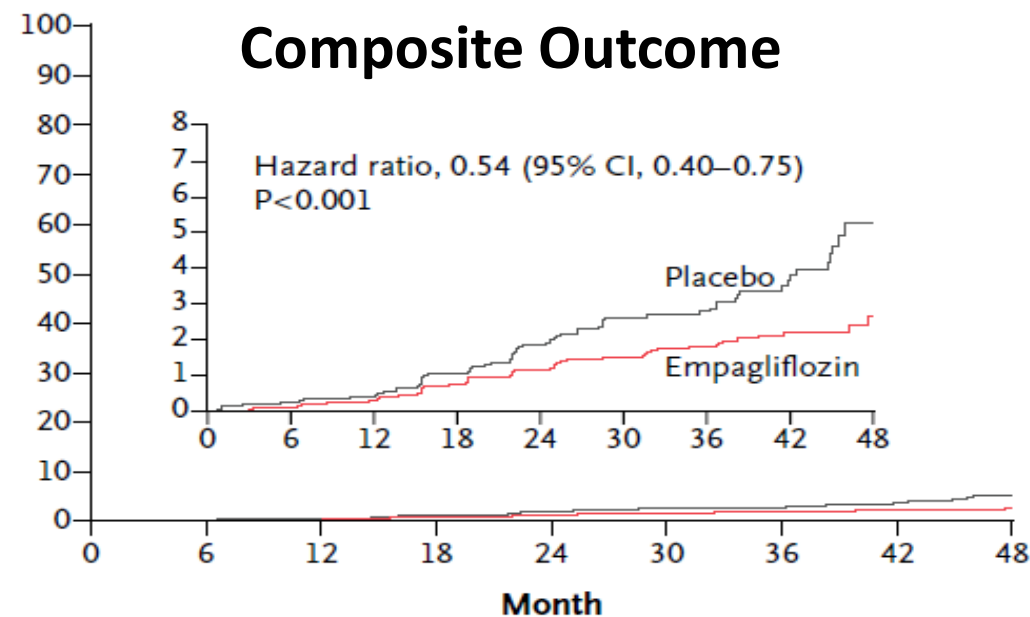


RENAL OUTCOMES WITH EMPAGLIFLOZIN

Incident or Worsening Nephropathy



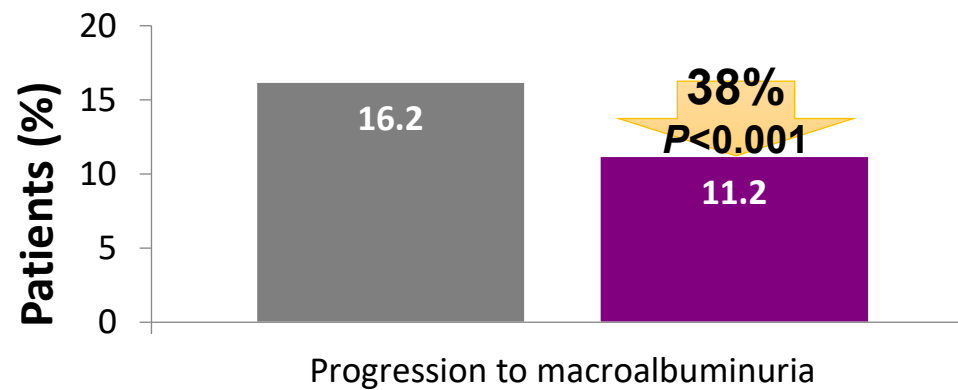
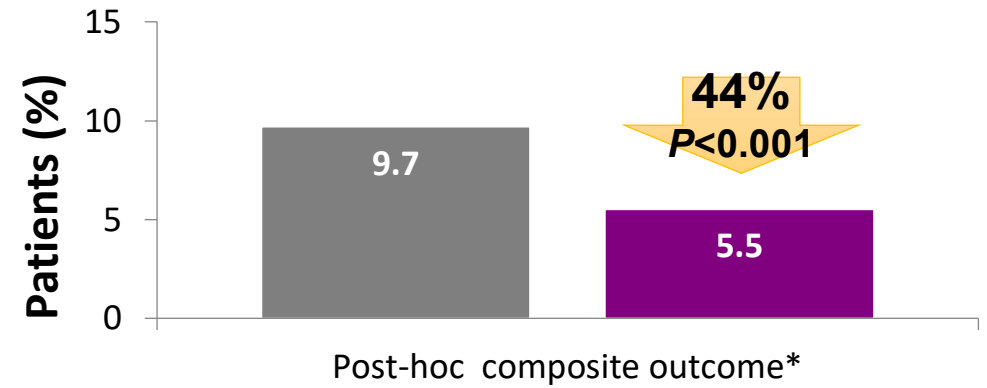
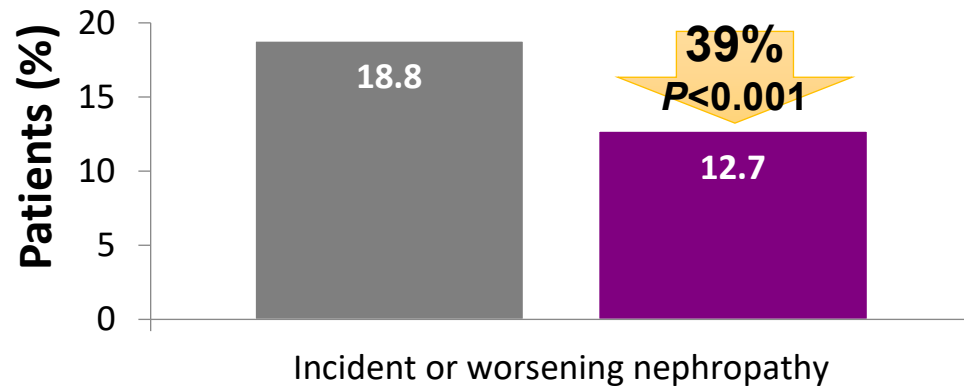
Post-hoc Renal Composite Outcome



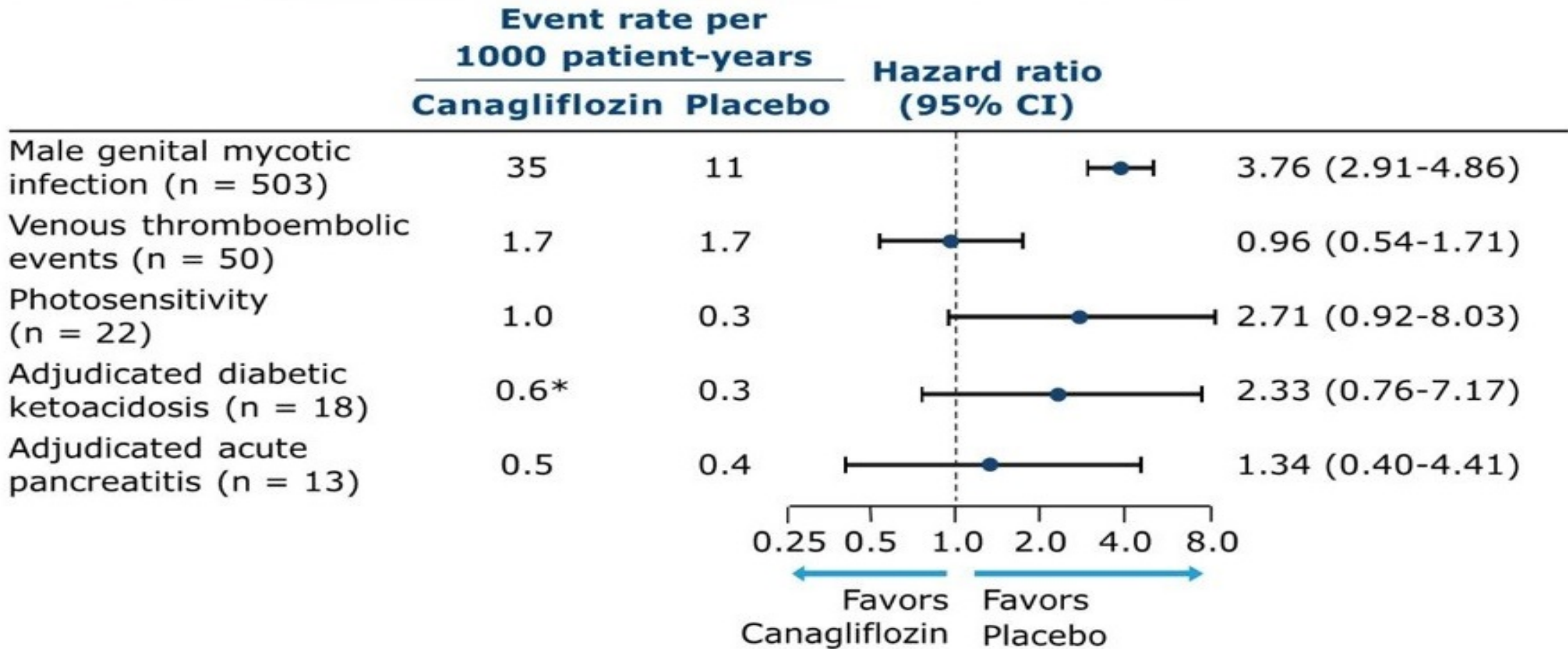
No. at Risk

Empagliflozin	4124	3994	3848	3669	3171	2279	1887	1219	290	4645	4500	4377	4241	3729	2715	2280	1496	360
Placebo	2061	1946	1836	1703	1433	1016	833	521	106	2323	2229	2146	2047	1771	1289	1079	680	144

RENAL OUTCOMES WITH EMPAGLIFLOZIN



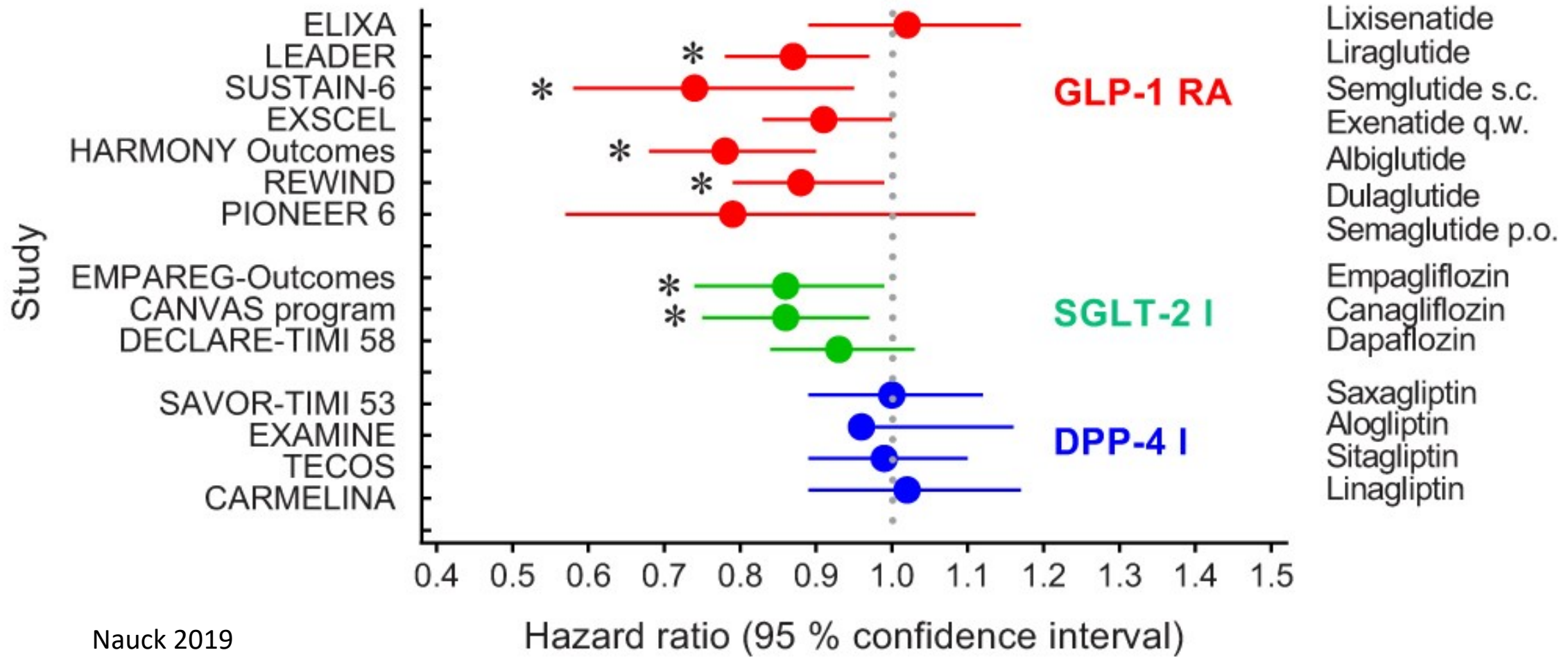
CANAGLIFLOZIN ADRs OF



CANVAS (Neal 2017)

A

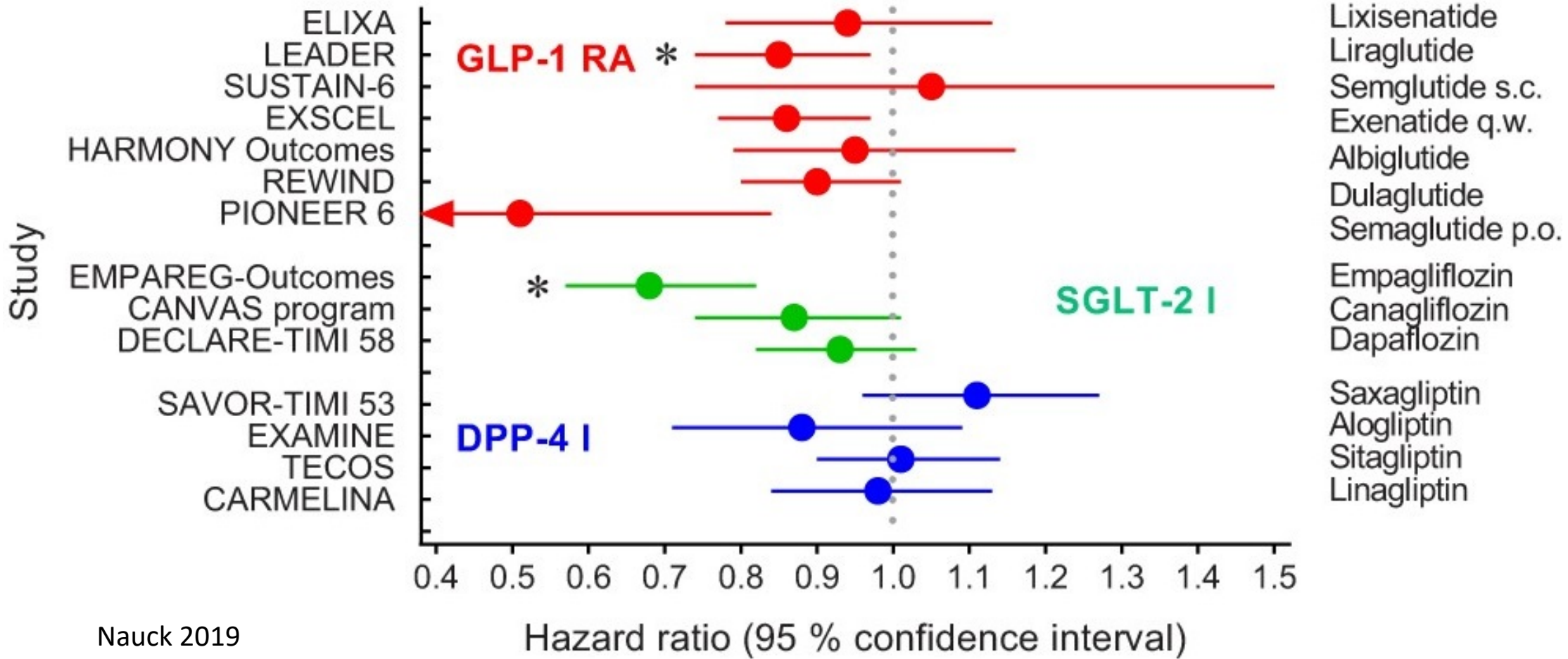
MACE



Nauck 2019

B

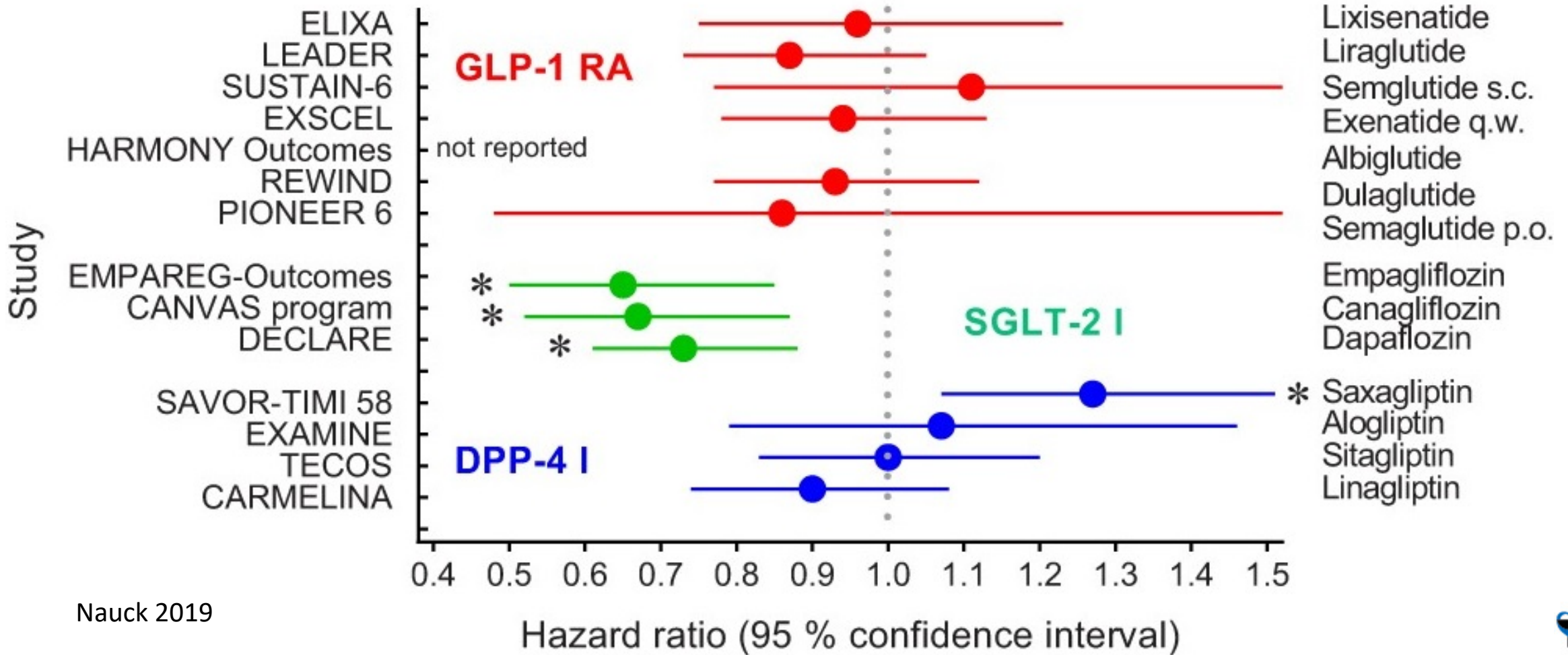
All cause death



Nauck 2019

C

Hospitalization for heart failure



Nauck 2019

CASE 1

SS is a 56 yo Hispanic female with T2DM & HTN for 2 yrs, h/o stable CHF, PUD, sun sensitivity with sulfonylureas. Does not want injections. Exercising 3 x per week, eating more greens.

DM Med regimen: Metformin 1000 mg BID

A1C= 8.6%, FPG= 1700, Cr= 1.1, others WNL, wt 60 kg, 4'11"

CASE 2

48 year old African American Male

Office manager

Married with 2 teenage sons

PMH: type 2 diabetes for 3 years, HTN for 5 years, dyslipidemia for 5 years, ED, osteoarthritis, obesity.

Quit smoking 3 years ago when diagnosed with diabetes

Current Medications:

Metformin 1000 mg BID

Rosuvastatin 10 mg daily

Lisinopril/HCTZ 10/25 mg daily

Acetaminophen 500 mg TID

Sildenafil 50 mg PRN

CASE 3

54 year old white male

PMH: T2DM, HTN, hyperlipidemia with CAD, morbid obesity, sleep apnea, GERD, microalbuminuria

Meds: metformin 1gm BID, glipizide 10mg BID, lisinopril 20mg QD, atorvastatin 20mg QD, omeprazole 20mg QD

Other: No SMBG, afraid of needles, married, works as an accountant

TEST QUESTION #1

A 65-year old man presents to your clinic for diabetes management. He has hypertension, dyslipidemia, and diabetes. He also currently smokes 1 pack per day (PPD). The patient has previously controlled his diabetes with diet and exercise and metformin but A1C recently increased to 8.5%. He is adamantly against injections. Which one of the following oral agents is best to recommend for this patient's MACE?

- A. Semaglutide
- B. Sitagliptin
- C. Canagliflozin
- D. Glipizide

TEST QUESTION #2

A.J., a 48-year-old man, presents to your CV risk reduction clinic. A.J. was diagnosed with diabetes based on an A1C of 9.5% and was started on metformin and alogliptin. Which one of the following best evaluates the cardiovascular safety and efficacy of A.J.'s current therapy?

- A. Alogliptin has demonstrated neutral effects on MACE outcomes in patients post-acute coronary syndrome (ACS).
- B. Alogliptin has been shown to significantly decrease MACE in patients with established CVD.
- C. Other DPP-4 inhibitors have shown superiority with regard to reduction in MACE.
- D. Other classes besides DPP-4 inhibitors have shown significant reductions in MACE in patients immediately post-ACS.

TEST QUESTION #3

A 56-year-old woman has a medical history of diabetes, HTN, stroke, and dyslipidemia. Her home drugs include metformin 1000 mg BID. Her HTN and dyslipidemia are well-controlled. Her most recent A1C is 7.6%. Which one of the following is the best adjunctive therapy to recommend for this patient?

- A. Dapagliflozin
- B. Glipizide
- C. Sitagliptin
- D. Dulaglutide

REFERENCE LIST

- The Action to Control Cardiovascular Risk in Diabetes Study Group. Effects of intensive glucose lowering in type 2 diabetes. *N Engl J Med* 2008;358:2545-2559.
- Afkarian M, Sachs MS, Kestenbaum B, et al. Kidney disease and increased mortality risk in type 2 diabetes. *J Am Soc Nephrol* 2013;24:302-308.
- American Diabetes Association. Economic costs of diabetes in the U.S. in 2017. *Diabetes Care* 2018;41:917-928.
- American Diabetes Association. Pharmacology approaches to glycemic treatment: standards of medical care in diabetes – 2020. *Diabetes Care* 2020;43:S98-S110.
- Aroda VR, Henry RR, Han J, et al. Efficacy of GLP-1 receptor agonists and DPP-4 inhibitors: meta-analysis and systematic review. *Clin Ther* 2012;34:1247-1258.
- Aroda VR. A review of GLP-1 receptor agonists: evolution and advancement, through the lens of randomized controlled trials. *Diabetes Obes Metab* 2018;20:22-33.
- Buse JB, Wexler DJ, Tsapas A, et al. 2019 Update to: Management of hyperglycemia in type 2 diabetes, 2018. A consensus report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD). *Diabetes Care* 2020;43:487-493.
- Cannon CP, McGuire DK, Pratley R, et al. Design and baseline characteristics of the eValuation of ERTugliflozin efficacy and safety CardioVascular outcomes trial (VERTIS-CV). *Am Heart J* 2018;206:11-23.
- Centers for Disease Control and Prevention. National Diabetes Statistics Report, 2020. Atlanta, GA: Centers for Disease Control and Prevention, U.S. Dept of Health and Human Services; 2020.
- Cornel JH, Bakris GL, Stevens SR, et al. Effect of sitagliptin on kidney function and respective cardiovascular outcomes in type 2 diabetes: outcomes from TECOS. *Diabetes Care* 2016;39:2304-2310.
- Das SR, Everett BM, Birtcher KK, et al. 2018 ACC Expert consensus decision pathway on novel therapies for cardiovascular risk reduction in patients with type 2 diabetes and atherosclerotic cardiovascular disease. *JACC* 2018;72:3200-3223.
- The Diabetes Control and Complications Trial Research Group. The effect of intensive treatment of diabetes on the development and progression of long-term complications in insulin-dependent diabetes mellitus. *N Engl J Med* 1993;329:977-986.
- Farxiga (dapagliflozin) [Package insert]. Wilmington, DE:AstraZeneca Pharmaceuticals LP;2020 May.
- Food and Drug Administration Web Site. <https://www.fda.gov/drugs/drug-safety-and-availability>. Accessed June 17, 2020.
- Garber AJ, Handelsman Y, Grunberger G, et al. Consensus statement by the American association of clinical endocrinologists and American college of endocrinology on the comprehensive type 2 diabetes management algorithm – 2020 executive summary. *Endo Practice* 2020;26:107-139.
- Gerstein HC, Colhoun HM, Dagenais GR, et al. Dulaglutide and cardiovascular outcomes in type 2 diabetes (REWIND): a double-blind, randomized placebo-controlled trial. *Lancet* 2019;394:121-130.
- Gerstein HC, Colhoun HM, Dagenais GR, et al. Dulaglutide and renal outcomes in type 2 diabetes: an exploratory analysis of the REWIND randomized, placebo-controlled trial. *Lancet* 2019;394:131-38.
- Green JB, Angelyn Bethel M, Armstrong PW, et al. Effect of sitagliptin on cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2015;373:232-242.
- Griffin SJ, Leaver JK, and Irving GJ. Impact of metformin on cardiovascular disease: a meta-analysis of randomised trials among people with type 2 diabetes. *Diabetologia* 2017;60:1620-1629.
- Group PH, Cooper ME, Perkovic V, et al. Linagliptin and its effects on hyperglycemia and albuminuria in patients with type 2 diabetes and renal dysfunction: the randomized MARLINA-T2D trial. *Diabetes Obes Metab* 2017;19:1610-1619.
- Group PH, Cooper ME, Perkovic V, et al. Linagliptin lowers albuminuria on top of recommended standard treatment in patients with type 2 diabetes and renal dysfunction. *Diabetes Care* 2013;36(11):3460-8.
- Hernandez AF, Green JB, Janmohamed S, et al. Albiglutide and cardiovascular outcomes in patients with type 2 diabetes and cardiovascular disease (Harmony Outcomes): a double-blind, randomized placebo-controlled trial. *Lancet* 2018;392:1519-1529.
- Holman RR, Bethel MA, Mentz RJ, et al. Effects of once-weekly exenatide on cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2017;377:1228-1239.
- Husain M, Birkenfeld AL, Donsmark M, et al. Oral semaglutide and cardiovascular outcomes in patients with type 2 diabetes. *N Engl J Med* 2019;381:841-851.

- Invokana (canagliflozin) [Package insert]. Titusville, NJ:Janssen Pharmaceuticals, Inc.;2020 Jan.
- Jardiance (empagliflozin) [Package insert]. Ridgefield, CT:Boehringer Ingelheim Pharmaceuticals, Inc.;2020 Jan.
- Karagiannis T, Paschos P, Paletas K, Matthews DR and Tsapas A. Dipeptidyl peptidase-4 inhibitors for treatment of type 2 diabetes mellitus in the clinical setting: systematic review and meta-analysis. *BMJ* 2012;344:e1369.
- KDOQI clinical practice guideline for diabetes and CKD: 2012 update. *Am J Kidney Dis* 2012;60(5):850-886.
- Kosiborod M, Cavender MA, Fu AZ, et al. Lower risk of HF and death in patients initiated on sodium-glucose cotransporter-2 inhibitors versus other glucose-lowering drugs: The CVD-REAL study (Comparative effectiveness of cardiovascular outcomes in new users of sodium-glucose cotransporter-2 inhibitors). *Circulation* 2017;136:249-259.
- Kosiborod M, Lam CSP, Kohsaka S, et al. Cardiovascular events associated with SGLT-2 inhibitors versus other glucose-lowering drugs: The CVE_REAL 2 study. *J AM Coll Cardiol* 2018;71:2628-2639.
- Low-Wang CC, Hess, CN, Hiatt WR, and Goldfine AB. Clinical update: cardiovascular disease in diabetes mellitus – Atherosclerotic cardiovascular disease and HF in type 2 diabetes mellitus – mechanisms, management, and clinical considerations. *Circulation* 2016;133:2459-2502.
- Lyseng KA. Glucagon-like peptide-1 receptor agonists in type 2 diabetes: their use and differential features. *Clinical Drug Investigation* 2019;39:805-819.
- Mann JFE, Fonseca V, Mosenzon O, et al. Effects of liraglutide versus placebo on cardiovascular events in patients with type 2 diabetes mellitus and chronic kidney disease. *N Engl J Med* 2016;375:311-322.
- Marso SP, Daniels GH, Brown-Frandsen K, et al. Liraglutide and cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2016;375:1834-1844.
- Marso SP, Bain SC, Consoli A, et al. Semaglutide and cardiovascular outcomes in patients with type 2 diabetes. *N Engl J Med* 2016;375:1834-1844.
- Mazidi M, Rezaie P, Gao H, and Kengne AP. Effect of sodium-glucose cotransport-2 inhibitors on blood pressure in people with type 2 diabetes mellitus: a systematic review and met-analysis of 43 randomized control trials with 22,528 patients. *J Am Heart Assoc* 2017;6:1-12.
- McMurray JJV, Solomon SD, Inzucchi SE, et al. Dapagliflozin in patients with HF and reduced ejection fraction. *N Engl J Med* 2019;381:1995-2008.
- Mosenzon O, Wiviott SD, Cahn A, et al. Effects of dapagliflozin on development and progression of kidney disease in patients with type 2 diabetes: an analysis from DECLARE-TIMI 58 randomised trial. *Lancet Diabetes Endocrinol* 2019;7(8):606-617.
- Muskiet MHA, Tonneijck L, Huang Y, et al. Lixisenatide and renal outcomes in patients with type 2 diabetes and acute coronary syndrome: an exploratory analysis of the ELIXA randomized placebo-controlled trial. *Lancet Diabetes Endocrinol* 2018;6(11):859-69.
- Muskiet MHA, Bunck MC, Heine RJ, et al. Exenatide twice-daily does not affect renal function or albuminuria compared to titrated insulin glargine in patients with type 2 diabetes mellitus: a post-hoc analysis of a 52-week randomized trial. *Diabetes Res Clin Pract* 2019;153:14-22.
- Neal B, Perkovic B, Mahaffey KW, et al. Canagliflozin and cardiovascular and renal events in type 2 diabetes. *N Engl J Med* 2017;377:644-657.
- Nesina (alogliptin) [package insert]. Deerfield IL: Takeda Pharmaceuticals America Inc; 2019 June.
- Neuen BL, Young T, Heerspink HJL, et al. SGLT2 inhibitors for the prevention of kidney failure in patients with type 2 diabetes: a systematic review and meta-analysis. *Lancet Diabetes Endocrinol* 2019;7(11):845-854.
- Onglyza (saxagliptin) [package insert]. Wilmington, DE:AstraZeneca Pharmaceuticals LP; 2019 October
- Patorno E, Pawar A, Franklin JM, et al. Empagliflozin and the risk of HF hospitalization in routine clinical care: a first analysis from the EMPRISE study. *Circulation* 2019;139:2822-2830.
- Perkovic V, Jardine MJ, Neal B, et al. Canagliflozin and renal outcomes in type 2 diabetes and nephropathy. *N Engl J Med* 2019;380(24):2295-2306.
- Pfeffer MA, Claggett B, Diaz R, et al. Lixisenatide in patients with type 2 diabetes and acute coronary syndrome. *N Engl J Med* 2015;373:2247-2257.

- Ravindran S, Kuruvilla V, Wilbur K, and Munusamy S. Nephroprotective effects of metformin in diabetic nephropathy. *J Cell Physiol* 2017;232(4):731-42.
- Rosenstock J, Perkovic V, Johansen OE, et al. Effect of linagliptin vs placebo on major cardiovascular events in adults with type 2 diabetes and high cardiovascular and renal risk: the CARMELINA randomized clinical trial. *JAMA* 2019;321:69-79.
- Rosenstock J, Kahn SE, Johansen OE, et al. Effect of linagliptin vs glimepiride on major adverse cardiovascular outcomes in patients with type 2 diabetes: the CAROLINA randomized clinical trial. *JAMA* 2019;322:1155-1166.
- Scheen A. Cardiovascular effects of new oral glucose-lowering agents DPP-4 and SGLT-2 inhibitors. *Circ Res* 2018;122:1439-1459.
- Scirica BM, Bhatt DL, Braunwald E, et al. Saxagliptin and cardiovascular outcomes in patients with type 2 diabetes mellitus. *N Engl J Med* 2013;369:1317-1326.
- Scirica BM, Braunwald E, Raz I, et al. HF, saxagliptin, and diabetes mellitus: observations from the SAVOR-TIMI 53 randomized trial. *Circulation* 2014;130:1579-1588.
- UK Prospective Diabetes Study Group. Intensive blood-glucose control with sulphonylureas or insulin compared with conventional treatment and risk of complications in patients with type 2 diabetes (UKDPS 33). *Lancet* 1998;352:837-853.
- UK Prospective Diabetes Study Group. Effect of intensive blood-glucose control with metformin on complications in overweight patients with type 2 diabetes (UKPDS 34). *Lancet* 1998;352:854-865.
- U.S. Department of Health and Human Services, Food and Drug Administration, Center for Drug Evaluation and Research (CDER). Type 2 diabetes mellitus: evaluating the safety of new drugs for improving glycemic control – guidance for industry, 2020. Available at <https://www.fda.gov/media/135936/download>. Accessed 21 May 2020.
- Ussher JR and Drucker DJ. Cardiovascular actions of incretin-based therapies. *Circ Res* 2014;114:1788-1803.
- Verma S. Potential mechanisms of sodium-glucose co-transporter 2 inhibitor-related cardiovascular benefits. *Am J Cardiol* 2019;124:S36-S44.
- Verma S and McMurray JJV. SGLT2 inhibitors and mechanisms of cardiovascular benefit: a state-of-the-art review. *Diabetologia* 2018;61:2108-2117.
- Wanner C, Inzucchi SE, Lachin JM, et al. Empagliflozin and progression of kidney disease in type 2 diabetes. *N Engl J Med* 2016;375:323-34.
- Wanner C, Lachin JM, Inzucchi SE, et al. Empagliflozin and clinical outcomes in patients with type 2 diabetes mellitus, established cardiovascular disease, and chronic kidney disease. *Circulation* 2018;137(2):119-129.
- White WB, Cannon CP, Heller SR, et al. Alogliptin after acute coronary syndrome in patients with type 2 diabetes. *N Engl J Med* 2013;369:1327-1335.
- Wiviott SD, Raz I, Bonaca MP, et al. Dapagliflozin and cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2019;380:347-357.
- Yuliya L, Petter B, Udell JA, Lovshin JA, and Cherney DZI. Sodium glucose cotransporter-2 inhibition in HF: potential mechanisms, clinical applications and summary of clinical trials. *Circulation* 2017;136:1643-1658.
- Zaccardi F, Webb DR, Htike ZZ, Youssef D, Khunti K and Davies MJ. Efficacy and safety of sodium-glucose co-transporter-2 inhibitors in type 2 diabetes mellitus: systematic review and network meta-analysis. *Diabetes Obes Metab* 2016;18:783-794.
- Zannad F, Cannon CP, Cushman WC, et al. HF and mortality outcomes in patients with type 2 diabetes taking alogliptin versus placebo in EXAMINE: a multicentre, randomized, double-blind trial. *Lancet* 2015;385:2067-2076.
- Zinman B, Wanner C, Lachin HM, et al. Empagliflozin, cardiovascular outcomes, and mortality in type 2 diabetes. *N Engl J Med* 2015;373:2117-2128.

NATHAN A. PAINTER
NPAINTER@UCSD.EDU



PHARMACY *VISION* 20/20

CSHP SEMINAR 20 • SEPTEMBER 24-27

Disneyland
RESORT